



2 dead, 2 wounded in shooting at Walmart in Mississippi

By ADRIAN SAINZ

Associated Press

SOUTHAVEN, Miss. (AP)

— A gunman described as a disgruntled Walmart employee fatally shot two co-workers and wounded a police officer before he was shot and arrested Tuesday morning at a Walmart store in northern Mississippi, authorities said.

DeSoto County District Attorney John Champion said 39-year-old Martez Tarrell Abram shot a Southaven police officer, who was protected by a bulletproof vest and suffered minor injuries. Southaven Police Chief Macon Moore said a second Southaven officer shot Abram, who underwent surgery at a hospital in neighboring Memphis, Tennessee.

Continued on Next Page



Employees gather in a nearby parking lot after a shooting at a Walmart store Tuesday, July 30, 2019 in Southaven, Miss.

Associated Press

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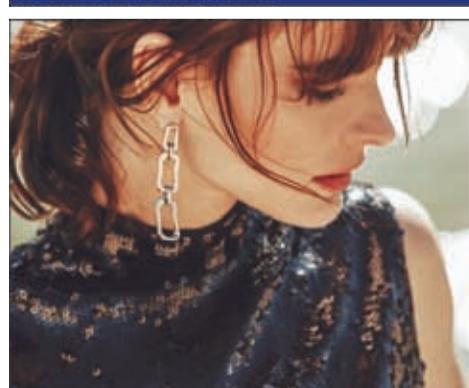
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Continued from Front

Both the people killed were Walmart employees, Moore said. Employees told The Associated Press that the first was shot in the parking lot, and the second was shot inside the store.

Southaven Mayor Darren Musselwhite described the suspect as a disgruntled worker with a grievance against his employer. Abram, a Southaven resident, had been suspended from the store in recent days after he showed a knife to a co-worker. A police report had been filed, but Champion said Abram didn't appear to have threatened the co-worker and criminal charges weren't being pursued.

"It wasn't an accident," said Travis Jones, an overnight stocker who was working when he heard shots. "He knew what he was doing when he came in there."

Jones said he saw the body of store manager Anthony Brown on the floor as they ran out of the store. "It was an ugly scene," he said. DeSoto County Coroner Joshua Pounders said the 40-year-old Brown, an Olive Branch resident, appears to have died from a gunshot wound.



Officers stand at the scene of a shooting inside a Walmart store Tuesday, July 30, 2019 in Southaven, Miss.

Associated Press

Nicholas Gales said the other slain worker was his brother, 38-year-old Brandon Gales of Hernando. Jones called Brandon Gales his best friend and

an "all-around good guy," saying he was the father of multiple children.

The shooting at about 6:30 a.m. brought a massive police response to the shopping complex, at a busy exit off Interstate 55 in Southaven, a suburb of 55,000 people.

"Our police really showed their guts today," Musselwhite said, noting Southaven officers recently undertook active shooter training. "If it hadn't been for their efforts there would have been more lives lost." Carlos Odom, 35, had just made his usual visit to his cousin, who works at the Walmart on Tuesday, and said he was leaving when he heard more than a dozen shots.

"I just hear gunshots," Odom said. "Pow. Pow. Pow. Pow. Pow."

"When the cops run into the Walmart, you hear more gunshots," Odom said. "After that, it stopped."

Phil Cox, 70, said he had just bought some nasal spray and was in the parking lot when he thought he heard a gunshot, and then saw a man who may have been the shooter run into the store. He got into his truck to leave as police be-

gan arriving.

"Everything went crazy at that point," Cox said, expressing sympathy for employees. "It's just hard to believe what happened here, but it seems like it's happening everywhere."

Champion said police had recovered multiple weapons and a vehicle and searched Abram's apartment. He said Abram had purchased guns legally, although he didn't describe them, and said Abram had no prior criminal record. He said investigators were also reviewing video recordings.

Investigators also believe Abram set a fire in the store. Champion said charges could be upgraded or more charges added after the investigation concludes.

"I feel extremely confident we'll have a very prosecutable case," Champion said. No one answered the door at an address listed for Abram on Tuesday afternoon. Some neighbors at the apartment complex about a mile (1.6 kilometers) from the shooting scene said they did not know him.

Moore said about 60 employees were working at

the time. They were taken to the parking lot of an adjoining Chili's restaurant and interviewed by officers, remaining there for hours. Some embraced, while one was placed in an ambulance. Others gathered in a circle to pray. Finally, authorities brought employees back into the store after noon, spoke to them and released them to go home. The store remained closed, even as businesses operated as usual elsewhere on the high-traffic suburban strip.

"The entire Walmart family is heartbroken by the loss of two valued members of our team," Walmart U.S. President and CEO Greg Foran said in a statement Tuesday afternoon. "We feel tragedies like this personally, and our hearts go out to the families of our two associates and the officer who was injured."

The company is relieved the suspect was apprehended, and appreciates the quick response by authorities and its employees, Foran said.

"We'll continue to focus on assisting law enforcement in their investigation and on supporting our associates," he added. □

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U.S. can't find files on investigation into nuclear arms plant

By DAN ELLIOTT
Associated Press

DENVER (AP) — The U.S. Department of Justice has lost track of more than 60 boxes of documents from a 27-year-old criminal investigation into safety and

show whether the government did enough to clean up the site before turning part of it into a wildlife refuge and opening it to hikers and bicyclists. Government attorneys are fighting the request.



In this Nov. 18, 2018, file photo, the Denver skyline is visible from the prairies in the Rocky Flats National Wildlife Refuge in Broomfield, Colo.

Associated Press

environmental violations at a former nuclear weapons plant in Colorado, officials said Tuesday.

The files were gathered in a two-year grand jury probe of the Rocky Flats plant outside Denver, which manufactured plutonium triggers for nuclear warheads and had a history of fires, leaks and spills.

The files have remained secret since the investigation ended with criminal charges in 1992.

Seven groups representing environmentalists, former nuclear workers, nearby residents and public health advocates filed a motion in federal court in January asking that the files be made public. The groups say the documents could

The U.S. Attorney's Office in Denver told the activists in a July 24 email that it cannot find the files. Jeff Dorschner, a spokesman for federal prosecutors, confirmed the office sent the email.

The activists plan to ask a federal judge on Wednesday to order the Justice Department to find the documents within 30 days. The U.S. Attorney's Office said it was still trying to find the boxes.

Rocky Flats, perched on a windy plateau about 15 miles (24 kilometers) northwest of downtown Denver, operated from 1952 to 1989. It shut down amid the grand jury investigation. Rockwell International, the contractor that operated the plant, pleaded guilty

to criminal charges that included mishandling chemical and radioactive material. The company was fined \$18.5 million.

The government spent \$7 billion cleaning up 2 square miles (5 square kilometers)

at the center of the site where the plutonium triggers were built. The former buffer zone around the plant, covering 8 square miles (21 square kilometers), became Rocky Flats National Wildlife Refuge and opened to the public last fall.

In a separate case, another group of activists filed a federal lawsuit saying the government did not do enough to make sure the refuge is safe. □



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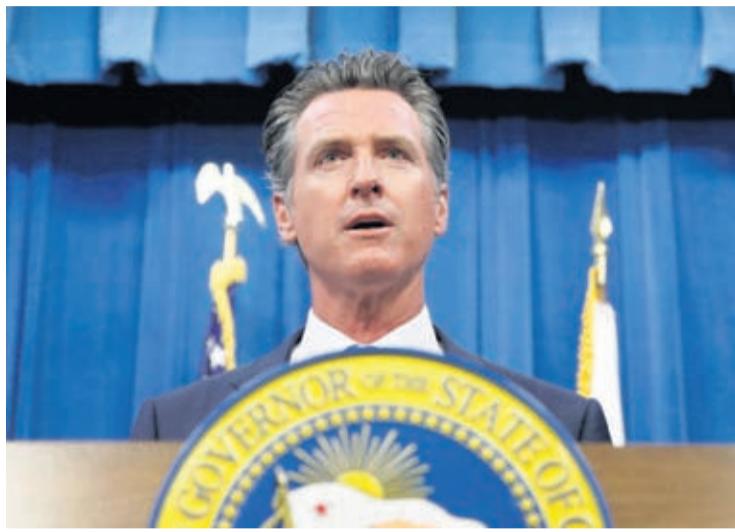
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This July 23, 2019 photo shows California Gov. Gavin Newsom during a news conference in Sacramento, Calif.

Associated Press

California governor signs bill on presidential tax returns

By KATHLEEN RONAYNE and ADAM BEAM
 Associated Press

SACRAMENTO, Calif. (AP) — California's Democratic governor signed a law Tuesday requiring presidential candidates to release their tax returns to appear on the state's primary ballot, a move aimed squarely

at Republican President Donald Trump.

Most of the major Democratic candidates for president have already publicly disclosed their personal income tax returns as Trump has refused to do so, breaking with decades of tradition by candidates from both parties.

The Trump campaign said the law signed by Newsom is "unconstitutional." But even if the law withstands a likely legal challenge, Trump could avoid the requirement by choosing not to compete in California's March 3rd primary.

The Republican National Committee does not require candidates to appear on primary ballots in all 50 states. With no credible GOP challenger at this point, Trump likely won't need California's delegates to win the Republican nomination. The law does not apply to the general election ballot.

Harmeet K. Dhillon, one of California's two representatives on the Republican National Committee, called the bill an "illegal voter suppression scheme." Removing Trump from the state's primary ballot would likely depress turnout from GOP voters for down-ticket races and ballot measures, she said.

Newsom, who has repeatedly sparred with Trump over immigration policy and California's troubled high-speed rail project, said the state's influence as one of the world's largest economies gives it "a special responsibility" to hold candidates to high ethical standards, including disclosing information about their personal finances.

"These are extraordinary times and states have a legal and moral duty to do everything in their power to ensure leaders seeking the highest offices meet minimal standards, and to restore public confidence," Newsom wrote in his signing statement.

While states have authority over how candidates can access their ballots, the U.S. Constitution lays out a limited set of qualifications candidates must meet to run for president, said Rick Hasen, a professor specializing in election law at the University of California-Irvine School of Law.

Those qualifications include requiring presidential candidates be over age 35, born in the U.S. and live at least 14 years in the country.

The U.S. Supreme court has previously halted state efforts to add ballot access rules for congressional candidates.

The bill's author, Democratic Sen. Mike McGuire, said it would be "inconsistent" with past practice for Trump to forego the primary ballot and "ignore the most popular and vote-rich state in the nation."

In a tweet to Trump, McGuire said: "If you want to be on the CA primary ballot, release your returns. It's a low bar to hit, unless you have something to hide."

Tax returns show income, charitable giving and business dealings, all of which Democratic state lawmakers say voters are entitled to know about.

California is the first state to enact legislation compelling political candidates to disclose their personal income tax returns. □

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Massachusetts RMV knew of backlog years before deadly crash

BOSTON (AP) — Officials within the Massachusetts Registry of Motor Vehicles grappled for years without success to clear chronic backlog in the processing of notifications sent by other states of infractions by Massachusetts drivers, according to testimony on Tuesday at an oversight hearing prompted by a crash that killed seven motorcyclists in New Hampshire.

Members of the Legislature's transportation committee sought to learn why information that Volodymyr Zhukovskyy had been arrested for drunken driving in Connecticut weeks before the June 21 crash — which could have triggered a suspension of his commercial driver's license — was not acted upon by the Massachusetts agency.

Registry officials acknowledge that tens of thousands of such out-of-state notices have gone unprocessed for years, instead left to pile up in boxes stored in a state office.

"In the midst of all this, seven families experienced an unimaginable tragedy and they didn't deserve explanations or excuses," said Erin Devaney, in explaining Tuesday her decision to re-

sign as head of the agency days after the New Hampshire crash exposed the lapses. "They deserved to have someone being accountable and acknowledge that the service that the registry of motor vehicles provided was unacceptable in this instance." Devaney testified that when she was appointed by Republican Gov. Charlie Baker to lead the agency in 2015, no system existed for processing out-of-state notices. The following year she assigned the task to the Merit Rating Board, which historically has been responsible for reviewing in-state violations by Massachusetts drivers and imposing any insurance surcharges warranted.

While some progress was subsequently made in addressing the backlog, glitches during the installation of a new computer system at the registry in March 2018 prompted a decision to focus on the handling of in-state violations at the expense of out-of-state notices because the board could not "fix it all at the same time," Devaney said. Brie-Anne Dwyer, an auditor with the Massachusetts Department of Transportation, which oversees



In this July 6, 2019, file photo, motorcyclists participate in a ride in Randolph, N.H., to remember seven bikers killed there in a collision with a pickup truck in June.

Associated Press

the registry, testified that she told registry officials in March that she had discovered within the new computer system an "open queue" containing 12,899 unprocessed out-of-state notifications.

In an internal memo made public by the legislative committee, Dwyer said she asked Thomas Bowes, head of the Merit Rating Board, who was responsible for entering the information and that Bowes respond-

ed "nobody," explaining his department had not been given sufficient staff resources to address the backlog amid the ongoing computer issues.

Asked hypothetically by one lawmaker if correcting the reporting issues promptly might have prevented the loss of life in the New Hampshire crash, Dwyer responded: "It's possible."

Registry officials have said an internal review prompted by the deadly crash has

resulted in license suspensions for more than 1,600 Massachusetts motorists.

Zhukovskyy, 23, of West Springfield, Massachusetts, has pleaded not guilty to negligent homicide in connection with the crash. The seven who died in the collision with a pickup truck hauling a flatbed trailer were members of the Jarheads, a New England motorcycle club that includes Marines and their spouses. □

Ex-Michigan State president gets \$2.5M retirement payout

EAST LANSING, Mich. (AP) — The former Michigan State University president accused of lying about her knowledge of allegations against sports doctor Larry Nassar is getting about \$2.5 million as part of a retirement package and agreed not to sue the school, it was announced Tuesday.

The East Lansing school said Lou Anna Simon's retirement is effective Aug. 31. She resigned as president last year amid pressure, returned to a faculty position, and then took an unpaid leave while facing criminal charges. She has denied any cover-up by the university.

Under terms of the retirement, Simon will receive \$2.45 million in three annual installments and other benefits. The agreement stipulates she won't sue the school or file any complaints or grievances related to her employment or termination.

The agreement does not appear to address how the pending criminal case could affect the terms of the agreement other than public recognition of her emeritus status being potentially withheld if she is convicted and that conviction survives all appeals. University officials did not immediately reply to a message seeking comment on

its reasoning for making the payment.

"Our campus community is continuing its healing, and the Board of Trustees feel the retirement of Dr. Simon is best for the university," said Dianne Byrum, chairwoman of the university's governing body, in a statement.

Simon said she will continue to support the school, including through philanthropy.

Dr. Samuel Stanley Jr., a medical researcher who has led Stony Brook University in New York for nearly a decade, was named the school's next president earlier this year and officially starts this week. □



In this April 9, 2019 file photo, former Michigan State University president Lou Anna Simon appears in court in Charlotte, Mich.

Associated Press

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Gang database made up mostly of young black, Latino men

By PHILIP MARCELO
Associated Press

BOSTON (AP) — Boston police are tracking nearly 5,000 people — almost all of them young black and Latino men — through a secretive gang database, newly released data from the department shows.

A summary provided by the department shows that 66% of those in its database are black, 24% are Latino and 2% are white. Black people comprise about 25% of all Boston residents, Latinos about 20% and white people more than 50%.

The racial disparity is "stark and troublesome," said Adriana Lafaille, a lawyer for the American Civil Liberties Union of Massachusetts, which, along with other civil rights groups, sued the department in state court in November to shed light into who is listed on the database and how the information is used.

Central American youths are being wrongly listed as active gang members "based on nothing more than the clothing they are seen in and the classmates they are seen with," and that's led some to be deported, the organizations say in their lawsuit, citing the cases of three Central American youths facing deportation based largely on their status on the gang database.

"This has consequences," Lafaille said. "People are being deported back to the countries that they fled, in many cases, to escape gangs."

Boston police haven't provided comment after multiple requests, but Commissioner William Gross has previously defended the database as a tool in combating MS-13 and other gangs.

One 24-year-old native of El Salvador nearly deported



In this Thursday, Feb. 14, 2019 an immigrant from El Salvador speaks with a reporter from The Associated Press, in Somerville, Mass.

Associated Press

last year over his alleged gang involvement said he was a victim of harassment and bullying by Bloods members as a youth and was never an MS-13 member, as police claim.

The man spoke to The Associated Press on the condition of anonymity because he fears retribution from gang members.

He said he never knew he'd made the list while in high school until he was picked up years later in a 2017 immigration sweep.

The gang database listed him as a "verified" member of MS-13 because he was seen associating with known MS-13 members, had feuded with members of the rival Bloods street gang, and was even charged with assault and battery following a fight at school, according to records provided by his lawyer, Alex Mooradian.

Mooradian said he noted in immigration court that the man, who was granted special immigrant juvenile status in 2014, reported at least one altercation with Bloods members to police and cooperated with the investigation. Witnesses also testified about the man's good character and work ethic as a longtime dishwasher at a restaurant. "Bottom line, this was a person by all metrics who was doing everything right," said Mooradian. "He had legal status. He went to school. He worked full time. He called police when he was in trouble. And it still landed him in jail."

Boston is merely the latest city to run into opposition with a gang database. An advocacy group filed a lawsuit this month in Providence, Rhode Island, arguing the city's database violates constitutional rights.

Portland, Oregon, discontinued its database in 2017 after it was revealed more than 80% of people listed on it were minorities.

In Chicago, police this year proposed changes after an audit found their database's roughly 134,000 entries were riddled with outdated and unverified information. Mayor Lori Lightfoot also cut off U.S. Immigration and Customs Enforcement access ahead of planned immigration raids this month.

California's Department of Justice has been issuing annual reports on the state's database since a 2017 law began requiring it. And in New York City, records requests and lawsuits have prompted the department to disclose more information about its database.

In Boston, where Democratic Mayor Marty Walsh has proposed strengthening the city's sanctuary policy, the ACLU suggests specifically banning police from contributing to any database to which ICE has access, or at least requiring police to provide annual reports on the database. Walsh's office deferred questions about the gang

database to police. Like others, Boston's gang database follows a points-based system. A person who accrues at least six points is classified as a "gang associate." Ten or more points means they're considered a full-fledged gang member.

The points range from having a known gang tattoo (eight points) to wearing gang paraphernalia (four points) or interacting with a known gang member or associate (two points per interaction).

The summary provided by Boston police provides a snapshot of the database as of January.

Of the 4,728 people listed at the time, a little more than half were considered "active" gang associates, meaning they had contact with or participated in some form of gang activity in the past five years. The rest were classified as "inactive," the summary states.

Men account for more than 90% of the suspected gang members, and people between ages 25 and 40 comprise nearly 75% of the listing.

The department last week provided the summary along with the department's policy for placing people on the database after the AP filed a records request in June.

The ACLU was also provided the same documents in response to its lawsuit as well as a trove of other related policy memos and heavily redacted reports for each of the 4,728 people listed on the database as of January, according to documents provided by the ACLU and first reported Friday by WBUR.

The ACLU has asked the city for less-redacted reports, Lafaille said. It's also still waiting for information about how often ICE accesses the database and how police gather gang intel in schools.

"After all this time, we still don't have an understanding about who can access this information and how it's shared," she said. "That's something the public has a right to know." □



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In this Dec. 10, 2018, photo, immigrant boys play soccer at the Homestead Temporary Shelter for Unaccompanied Children, a former Job Corps site that now houses them in Homestead, Fla.

Associated Press

Florida, Virginia among sites for child migrant facilities

By MIKE SCHNEIDER
Associated Press

ORLANDO, Fla. (AP) — The Trump administration is scouting sites in central Florida, Virginia and Los Angeles for future facilities to hold unaccompanied minors who have crossed the U.S.-Mexico border.

The U.S. Department of Health and Human Services sent letters to Florida lawmakers Monday saying it is looking for vacant properties in those locations to build permanent licensed facilities for children under age 18 who have entered the United States illegally without a parent or guardian.

The permanent sites will minimize the need for unlicensed temporary detention centers, according to the letter.

"The search for an addition of permanent licensed facilities is being pursued to

reduce the potential need for temporary influx shelters in the future," the letter said. The nation's largest child migrant facility is in Homestead, Florida, where immigrant advocates have described "prisonlike" conditions.

Existing migrant facilities have become a flashpoint in the 2020 presidential race. In recent weeks, Democratic lawmakers and presidential candidates have visited and toured facilities in Texas and Florida and decried the conditions in which they found migrants. Protests have sprung up nationwide as the public outcry builds momentum.

"We should be closing camps, not opening new ones," tweeted Democratic Florida Rep. Anna Eskamani, one of the Florida lawmakers who received the letter. □

Body of 1930s gangster John Dillinger to be exhumed

By RICK CALLAHAN

Associated Press

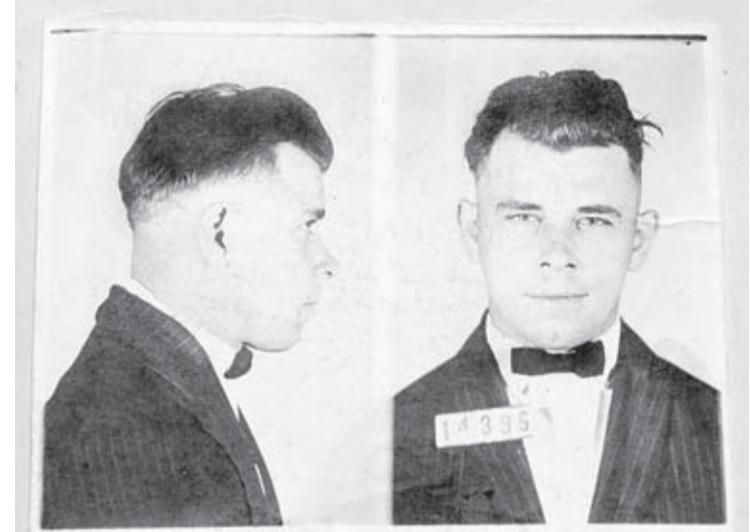
INDIANAPOLIS (AP) — The body of notorious 1930s gangster John Dillinger is expected to be exhumed in September from a concrete-encased grave at an Indianapolis cemetery more than 85 years after he was killed by FBI agents outside a Chicago theater. The upcoming exhumation could put to rest conspiracy theories suggesting that the violent criminal some people considered a folk hero during the height of the Great Depression isn't even buried in his marked grave.

The Indiana State Department of Health approved a permit July 3 sought by Dillinger's nephew, Michael C. Thompson, to have the body exhumed from Crown Hill Cemetery and reinterred there.

The permit doesn't give a reason for the request, and Thompson couldn't immediately be reached for comment. However, Dan Silberman of A&E Networks says the exhumation will be covered as part of a documentary on Dillinger for The History Channel.

Indiana health department spokeswoman Jeni O'Malley said that based

on the permit, the agency expects Dillinger's body will be exhumed and reinterred on Sept. 16 — the date listed on the document. But digging up Dillinger's grave might prove a difficult task because days



This file photo shows Indiana Reformatory booking shots of John Dillinger, stored in the state archives, and shows the notorious gangster as a 21-year-old.

Associated Press

after his son's funeral, Dillinger's father had the casket reburied under a protective cap of concrete and scrap iron topped by four reinforced-concrete slabs, said Susan Sutton, a historian with the Indiana Historical Society.

"I think they're going to have a hard time getting through that," Sutton said. The reason for the concrete-encased grave was to thwart would-be vandals, she said, citing "Crown Hill: History, Spirit, and Sanctuary" a 2013 book the historical society published about the cemetery's history.

"The main fear was that someone would come in and dig up the grave and either desecrate the corpse or steal it," Sutton said. "The Dillingers had actually been offered money to 'lend out' his body for

exhibits, so they were concerned."

She added that she hopes the exhumation ends lingering speculation that Dillinger isn't even buried beneath all that concrete, and confirms his sister's identification of her brother's body.

The Indianapolis-born Dillinger was one of America's most notorious criminals. The FBI says Dillinger's gang killed 10 people as they pulled off a bloody string of bank robberies across the Midwest in the 1930s.

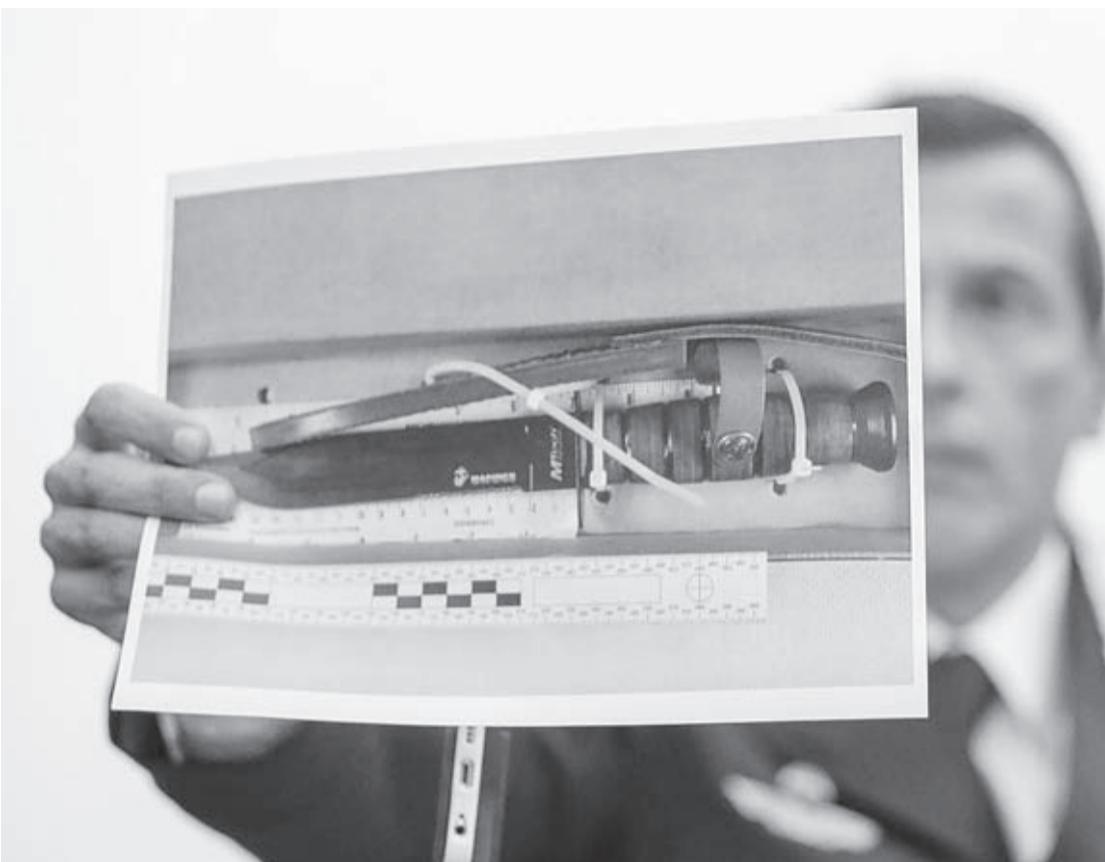
Dillinger was never convicted of murder and he was considered a folk hero by some during his gang's violent rise amid the Great Depression as banks were failing, others were limiting withdrawals and many Americans had lost homes and farms to foreclosure, Sutton said. □

Italy: Slain police officer didn't have gun when stabbed

ROME (AP) — A plain-clothes police officer had forgotten his gun the night he was fatally stabbed during a confrontation with two American teenagers in Rome, an Italian police commander said Tuesday. Gen. Francesco Gargaro of Italy's paramilitary Carabinieri police force said that even if the officer had been armed, he would not have had time to draw his weapon before he was mortally wounded with a military-style knife.

During a news conference, the commander provided some of the first details about the encounter early Friday in which Deputy Brigadier Mario Cerciello Rega, 35, was knifed 11 times.

Cerciello Rega and a partner, Andrea Varriale, were assigned to respond to an extortion attempt involving a failed drug deal, Gargaro said. Thieves had demanded money and cocaine in exchange for returning a stolen backpack, he said. The officers were in plain-clothes and identified themselves as Carabinieri as they approached two suspects, but were imme-



Carabinieri Colonel Lorenzo D'Aloia shows a picture of the knife used to stab Carabinieri's officer Mario Cerciello Rega, during a press conference in Rome, Tuesday, July 30, 2019.

Associated Press

diately attacked, Gargaro said. Asked why Cerciello Rega didn't pull his gun, Gargaro said the officer had "forgotten" his weapon after being called into work on a scheduled day off.

"In any case, there was

no time to use it," Gargaro said.

The police said other officers didn't know Cerciello Rega didn't have his gun with him when he set out on what would be a fatal assignment.

"He is the only one who knows why he didn't have it with him," Gargaro said.

Two suspects from California, Finnegan Lee Elder, 19, and Gabriel Christian Natale-Hjorth, 18, were detained in the officer's slaying. Police have said Elder is suspected of stabbing Cerciello Rega and Natale-Hjorth is suspected of assaulting the other officer. Varriale did have his gun, but after Natale-Hjorth stopped punching and scratching and ran off, the officer turned his attention to his wounded partner, Gargaro said.

The general also stressed that under Italian law it is illegal to fire at a fleeing suspect. If he had done so, Varriale "would have been under investigation for a grave crime."

A judge who approved the jailing of the two suspects Saturday said there were "grave" indications the Americans were responsible for the officer's death. Natale-Hjorth, whose father is Italian, also has Italian citizenship, the Italian Foreign Ministry said Tuesday.

According to the judge's written ruling, Elder and Natale-Hjorth allegedly paid for cocaine from a drug dealer in Rome's Traste-

vere neighborhood but the deal wasn't completed because police officers had approached.

Investigators said the two then snatched and ran off with the knapsack of the Italian man who had put them in contact with the dealer.

Police said when the intermediary called his own cellphone, which was in the stolen backpack, the teens told Sergio Brugiatelli they'd return the bag in exchange for 100 euros (\$112) and a gram of cocaine.

After Brugiatelli reported the demand to police, an appointment with the teens was set up and Cerciello Rega and Varriale were sent to the rendezvous point.

Varriale recounted later that they identified themselves as Carabinieri and showed their badges, but were immediately attacked, the judge wrote in her ruling upholding the detention. The teen suspects told investigators they did not know the two men who showed up to meet them were police officers, Judge Chiara Gallo wrote.

During his interrogation, Elder told authorities he stabbed Cerciello Rega because he feared he was being strangled, the judge wrote, noting the teen didn't have any marks on his neck.

After Cerciello Rega's death at a hospital, officers tracked the Americans to their hotel room and reported finding the alleged weapon, an 18-centimeter (7-inch) military-style attack knife, hidden in the room's drop ceiling.

Elder told police he had brought the knife with him from the United States a few days earlier, investigators said on Tuesday.

Judge Gallo cited contradictions in the teens' statements to investigators: Elder told investigators that Natale-Hjorth hid the knife, while Natale-Hjorth said he didn't even know about a stabbing until his friend woke him hours later and reported he had "used a knife" and then washed it. □

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Australia approves treaty with East Timor over gas royalties

CANBERRA, Australia (AP)

— Australia's Parliament has approved the ratification of a maritime boundary treaty signed with East Timor 16 months ago and the government is now under pressure to return tens of millions of dollars in royalties from a seabed gas field that it concedes solely belongs to the poor half-island nation.

The Parliament late Monday passed legislation enabling ratification of the treaty, a week after Australia's impoverished neighbor voted in favor of similar legislation that governs how the two countries will share billions of dollars of oil and gas riches lying beneath the Timor Sea.

The treaty was signed in New York in March last year, but won't take effect until it is ratified by an exchange of diplomatic notes when Prime Minister Scott Morrison visits East Timor on Aug. 30, the 20th anniversary of a referendum that secured independence from Indonesia, which invaded the former Portuguese colony in 1975.

Australia will continue earning 10% of the royalties from the Bayu Undan oil and gas field until then, when East Timor takes full ownership of the field which is expected to be empty within a few years.

East Timorese independence hero and the country's chief negotiator on the treaty, Xanana Gusmao,



Lawyer Bernard Collaery, left, talks to supporters outside the Australian Capital Territory Magistrates Court in Canberra on Tuesday, July 30, 2019.

Associated Press

said his country was losing \$5 million a month while the agreement remained unratified.

Donald Rothwell, an Australian National University expert on international law, said on Tuesday that a provision of the treaty stipulated that no compensation was to be paid to either party as a result of the new border arrangements.

"Once the treaty becomes operative, there is no obligation at all on Australia to pay any type of compensation, as some calls have been made to that end," Rothwell said.

Steve Bracks, a former Victoria state premier and

founder of the Timor-Leste Governance Project aid organization, described Australia continuing to take revenue from Bayu Undan as "pretty outrageous." Charlie Scheiner, a researcher at La'o Hamutuk, an East Timorese research institute, said Australia had made \$5 billion from oil and gas that it now agrees is in East Timor's territory.

"Australia had no right to get 10% of Bayu Undan," Scheiner told Australian Broadcasting Corp. "We hope that Australia will do the right thing and repay the money that it took from now things that they don't even claim belong to Aus-

tralia anymore."

Australia's Department of Foreign Affairs and Trade did not comment on the question of compensation, but said in a statement on Tuesday: "We look forward to formally bringing the treaty into force as soon as possible."

The treaty states that "the parties agree that neither party shall have a claim for compensation with respect to petroleum activities conducted in the Timor Sea."

Rothwell described that clause as "a little unusual," and reflected the multiple Timor Sea agreements over the decades that Australia had with Indonesia then

East Timor.

"Having that sort of compensation clause is really a lawyer's way of making sure that there's no further comeback on these issues," Rothwell said.

Under the treaty, East Timor will get the biggest share of revenue from exploiting the untapped Greater Sunrise gas field. It will be split either 80-20 if gas is piped to Australia for processing or 70-30 if it is piped to East Timor.

East Timor wants the gas to be processed in its territory but investors are wary because it may not be economically viable.

Sharing the oil and gas riches that lie between Australia and East Timor has been a major irritant between the neighbors since 2002 when East Timor emerged as a fledgling nation of 1.5 million people independent of Indonesia.

Australia and East Timor signed a 2006 treaty on sharing future Greater Sunrise revenue. But the relationship plunged when East Timor accused Australian spies of bugging its Cabinet discussions in 2004 to achieve an unfair negotiation advantage. Australia denied the allegation.

A whistleblower spy and his lawyer Bernard Collaery appeared briefly in a Canberra court on Tuesday charged with conspiracy to communicate secret information concerning the bugging allegation. □

UN says Afghan forces, allies killed most civilians in 2019

KABUL, Afghanistan (AP) — More civilians were killed by Afghan and international coalition forces in Afghanistan in the first half of this year than by the Taliban and other militants, the U.N. mission said in a report released Tuesday.

The report apparently refers to civilians killed during Afghan and U.S. military operations against insurgents, such as airstrikes and night raids on militant hideouts. Insurgents often hide among civilians.

The U.S. formally ended its combat mission in Afghanistan in 2014 but still provides extensive air and other support to Afghan forces battling militants.

The U.N. report said 403 civilians were killed by Afghan forces in the first six months of the year and another 314 by international forces, a total of 717. That's compared to 531 killed by the Taliban, an Islamic State affiliate and other militants during the same period.



Afghan security personnel secure the site of an attack in Kabul, Afghanistan, Sunday, July 28, 2019.

Associated Press

It said 300 of those killed by militants were directly targeted. The Taliban have been carrying out near-daily attacks, mainly targeting security forces.

There was no immediate

comment from the Kabul government or the Afghan military on the report.

A NATO official stressed that the alliance is now in a non-combat mission in Afghanistan that trains, advises

and assists the country's security forces.

The alliance is "not complacent" and shares U.N. concerns over Afghan civilian casualties, the official said, adding that the "best

way to end the suffering of civilians is to focus on the political settlement of the conflict and to continue all efforts to reduce violence."

"We thoroughly investigate every allegation of civilian casualties, and we train the Afghan security forces to ensure that they take utmost caution in order not to harm civilians," said the official, speaking on condition of anonymity in line with regulations.

The Taliban have rejected calls for a cease-fire as they hold talks with the U.S. aimed at ending the 18-year war. An Islamic State affiliate has meanwhile launched attacks targeting security forces as well as minority Shiites.

"Parties to the conflict may give differing explanations for recent trends, each designed to justify their own military tactics," said Richard Bennett, the human rights chief of the U.N. Assistance Mission in Afghanistan, which released the report. □

Pakistani army plane crashes into homes, killing 19

Associated Press

RAWALPINDI, Pakistan (AP) — A Pakistani military plane crashed into a residential area before dawn on Tuesday, killing at least 19 people, most of them in their homes on the outskirts of the city of Rawalpindi, officials said.

Fires, damaged houses and debris were visible in Mora Kalu village near Rawalpindi after daybreak. Victims' relatives were seen wailing and crying as rescuers loaded charred bodies into ambulances.

Rescue officials said 14 civilians, including children, and all five crew aboard the aircraft were killed, including the two pilots.

Farooq Butt, an official at the state-run emergency service, said 14 people were also injured in the crash. He said the death toll could rise as some were in critical condition.

"Most of the victims received burn injuries," Butt told The Associated Press.

The cause of the crash



People help an injured victim who mourns for the loss of his family member at the site of plane crash in Rawalpindi, Pakistan, Tuesday, July 30, 2019.

Associated Press

wasn't immediately known. The military said the army aircraft was on a routine training flight when it crashed, and that an investi-

gation had been opened. As rescue efforts ended, troops and police cordoned off the residential area to search for plane

debris and probe the crash site.

Footage on social media showed the plane was flying very low before it quick-

ly went down.

Residents said they woke up when they heard an explosion and saw debris from the burning plane near their homes. Army helicopters were later seen hovering over the crash site.

"My sister, her husband and their three children were killed when the plane crashed into their home," said Mohammad Mustafa as he sobbed near his sister's badly damaged house. He said rescuers and troops quickly reached the area after the crash.

Pakistan's President Arif Alvi and Prime Minister Imran Khan expressed their condolences in separate statements.

Abdul Rehman, a medical doctor, said at least three homes were badly damaged and that the pilots' bodies had been retrieved. Hours later, a funeral for the pilots was held in Rawalpindi, attended by army chief Gen. Qamar Javed Bajwa, senior army officers and relatives. □

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Top diplomats gather in Bangkok for key Asia-Pacific talks

By GRANT PECK

Associated Press

BANGKOK (AP) — Top diplomats from the Asia-Pacific region started gathering Tuesday in the Thai capital to discuss issues of concern to the area, including security on the Korean peninsula and China's territorial claims in the South China Sea.

The meetings in Bangkok are hosted by the 10-member Association of Southeast Asian Nations, chaired this year by Thailand. Thai officials say there will be 27 meetings in all through Saturday, and 31 countries and alliances will participate.

The core ASEAN Foreign Ministers Meeting brings together the group's top diplomats, but they are likely to be overshadowed by the big power players attending the adjunct meetings, such as the ASEAN Regional Forum and the East Asia Foreign Ministers' Meeting. The heavy-hitters in Bang-



Russian Foreign Minister Sergey Lavrov, left, and Thailand Foreign Minister Don Pramudwinai share a light moment after a press conference at Foreign Ministry in Bangkok, Thailand, Tuesday, July 30, 2019.

Associated Press

kok this week include U.S. Secretary of State Mike Pompeo, Chinese Foreign Minister Wang Yi and Russian Foreign Minister Sergey Lavrov.

Other ASEAN dialogue partners include Australia,

India, the European Union, Japan and South Korea. Most attention will be on these side meetings, in which ASEAN will play a supporting role, if any.

A representative of North Korea will be present in

Bangkok, a Thai foreign ministry spokesman said last week, though it is not clear if Pyongyang is sending its foreign minister. Washington has downplayed Pyongyang's recent launch of medium-range missiles.

and expressed interest in reviving talks on North Korean denuclearization, so sideline talks are a possibility.

Reports say that the United States is also willing to hold a sidelines meeting with Japan and South Korea to discuss the bitter trade dispute between the two East Asian nations that threatens to disrupt Seoul's electronics industry by hindering its purchase of semiconductor components.

The dispute also draws on long-standing bitterness over Japan's actions toward Korea during World War II and threatens to poison relations at a time when Washington would prefer to see a united front in dealing with North Korea. ASEAN's own most pressing concern arguably involves Beijing's expansive territorial claims in the South China Sea, which pits it against the claims of Vietnam, the Philippines, Malaysia and Brunei. □

Cambodia fines waste importer, sets deadline for its return

Associated Press

PHNOM PENH, Cambodia (AP) — A top customs official in Cambodia said Tuesday that a local company that illegally imported almost seven dozen shipping containers of plastic waste from the United States and Canada has been ordered to pay a fine of nearly \$260,000, and will face criminal charges if the waste is not sent back to its countries of origin before Aug. 24.

Kun Nhim, director general of Cambodia's General

Department of Customs and Excise, said at a news conference that the waste was imported by the local company Chungyuen Plastic Manufacture Co. in 27 shipments running from September 2018 to this month.

He said the company has promised to ship the waste back out of the port of Sihanoukville on the Gulf of Thailand by the deadline. The July 16 discovery of the waste came a few days after Prime Minister Hun Sen declared at a Cabinet

meeting that Cambodia is not a dumping ground for any kind of waste and does not allow the import of any kind of plastic waste or other recyclables.

The cross-border disposal of waste became a major regional issue after China, previously its main destination, barred imports of almost all foreign plastic waste early last year. Waste shipments shifted to other countries such as Indonesia, Thailand and Malaysia, which in turn also started rejecting shipments. □



Kun Nhim, general director of Cambodia's General Department of Customs and Excise of the Ministry of Economy and Finance, gives a press conference, in Phnom Penh, Cambodia, Tuesday, July 30, 2019.

Associated Press

Fear, bribes, gangs, coyotes: A Guatemalan's trek to the US

By MARÍA VERZA

Associated Press

MONTERREY, Mexico (AP)

— René, a 35-year-old man from Guatemala, stretched and paced inside a Tijuana warehouse as he awaited word that it was time for a three-day hike into California through the nearby mountains.

It would be his second attempt to cross the border illegally in a little over a month. Nearly \$20,000 in debt to a series of "coyotes," or smugglers, he figured if he made it, it would take two years to pay off. If caught and deported, it could take 15 years — if the gangs back home don't kill him first.

Responding to a wave of Central American migrants and asylum seekers reaching the U.S. border in recent months, the United States and Mexico have tried to stem the flow, slow the pace at which people are allowed to request asylum and discourage others from coming. But tens of thousands are still heading north fleeing violence and poverty.

In the 40 days since he left home, René stayed at cramped safe houses, walked miles of treacherous terrain and rode in a minivan as soldiers gave chase. He paid bribes at checkpoints, watched smugglers deal with crooked cops and huddled fearfully under armed guard in the heart of cartel country.

René is the man's middle name. The Associated Press is withholding his full identity for his safety because he is still en route and because his story details what is big business for smuggling networks, gangs that run the territory in which they operate and authorities who are often on the take.

René's trek of more than 3,000 miles (5,000 kilometers) so far is just one of many possible routes and outcomes. But all have elements in common: fear, corruption and cartel involvement. Increasingly too, children are making the treacherous journey.

René and his wife told their daughter, 7, and son, 11,



This July 24, 2019 photo courtesy of Guatemalan migrant Lucia shows her husband René with their 7-year-old daughter and 11-year-old son, as they walk in search of a place to sleep in Monterrey, Mexico.

Associated Press

that they were going on a fun trip when they left Guatemala City June 20. But problems began straightaway when a smuggler they paid \$1,300 never showed up.

A second one in Malacatan, near Mexico, seemed more trustworthy. He had taken a cousin previously and charged them \$5,000 for each adult-child "package," standard these days for parents who travel with minors and plan to turn themselves in in the U.S. It's about double that to cross clandestinely.

They began with four others on an eight-hour walk around the Tacana volcano, crossing into Mexico at one of what the country says are over 350 "blind spots" on its 750-mile (1,200-kilometer) southern border, a jungle and mountain region difficult or impossible to secure.

In Chiapas state, a waiting minibus took them a few miles (kilometers) up the road, where they met another minibus. The latter drove ahead to detect checkpoints, since Mexico has boosted police, military and national guard in the area to crack down on mi-

gration.

They were stopped twice, but no matter: The smuggler handed each person 2,000 pesos (about \$100) to fork over and reminded them what to say to the agents.

"You have to beg them and tell them you're traveling alone" without a coyote, René said. "More than anything, they like it if you humiliate yourself."

They continued that way to the Gulf coast state of Veracruz. Rather than making a beeline north in the most direct route to Texas, they turned west. Just before Puebla, to skirt checkpoints, they got out for a six-hour walk across countryside muddied by the rainy season, falling down frequently.

"I threw myself and the kids down where it was sort of like a slide and told them it was an adventure, and they laughed," René said. "Only my wife and I bore the difficulty and the fear." In Mexico City, they spent four nights in a 13-by-13-foot (4-by-4-meter) safe house with a single door, no windows and dozens of other people.

They were now being han-

dled by new smugglers who had planned to bus them to the northern city of Monterrey. But a new law bars bus companies from selling tickets without proper IDs. So the group of eight was sent by taxi to the city's outskirts, where the coyotes stopped a bus and they got on.

"They paid the driver," René said. "It seemed like they knew him, because here everybody is in the same racket. Everyone asks for money."

Bus terminals in the north are full of cartel lookouts. Sometimes they just keep an eye on comings and goings. But other times they will brazenly ask migrants where they're from and whether they have relatives in the United States, demanding to review social media profiles to see whether they'd be worth kidnapping for ransom — an ordeal René's family was spared.

In those northern bus terminals, those who've hired smugglers are given codes to identify themselves to the coyote at the next handover point — numbers or phrases like "I brought the black pearls" or "portion of

tacos" that change each week.

In Monterrey the family also began to see armed men among the smuggling operation, though at the safe house where they stayed with about 200 others, half children, things weren't scary.

"They gave you breakfast, lunch and dinner," René said. "We were just resting, and they put the TV on with cartoons for the children."

After three days they were taken to a shopping center where the safe house boss talked with some police officers. Five vehicles carrying 12 people each left in a caravan, escorted by a patrol car at the front and another at the rear. After a while, armed cartel members replaced the police.

That was the scariest stretch. Kids were told to keep low because of the danger of gunfire.

"Rifles everywhere, all of them high on drugs," René said. "The children and everyone got scared."

Military vehicles appeared and gave chase until the smugglers managed to hide on a private ranch.

The final destination in Mexico was the border city of Ciudad Miguel Aleman in Tamaulipas, a state where government officials say half the country's human smuggling passes through. They were held with 148 people in a three-bedroom home. René knows the exact number because handlers did a headcount and scribbled it in a notebook. Outside temperatures were over 100 degrees Fahrenheit (40 degrees Celsius). They had to sleep sitting up and were forbidden to make noise.

René tried to cheer up the children by saying they were going to meet their grandmother, who lives in the United States.

Eight days later, a radio message said the coast was clear. A relative back home deposited the final payment to the smugglers and they were rowed across the Rio Grande in 10 minutes and turned themselves in on Texas soil. They thought they'd made it. □



"I still give that personal service like in the old days"

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Patricia opens the door with a smile, ready to show her store with pride. "Beverages like juices, water, but also liquors; pool toys like the best seller doodles; gelato ice cream in twelve flavors pastas with sauces; sweets; chips; milk and breakfast items... you name it and we have got it." Special requests are not a problem. Or just step inside and let her know what you need, Patricia will get it for you. Here you can still enjoy the personal attention and service of specialist's stores in the old days. This goes beyond big supermarket experience. And you can preorder online before you arrive in Aruba, and she will deliver a box of groceries right to your room.

29 Years at CDM

Patricia explains that she is open seven days-a-week from 9 am until 10 at night. "It is me, my daughter, and two part-time ladies that help me out. But six days in the week I am here, this is what I love to do. I need to stay active and I just love my job. Serving people is what I want to do." You can see that she is happy to be independent and run her own business. She knows what she is doing, which comes from years of experience inside the timeshare resort. "I have been working within Casa del Mar Beach Resort for 29 years already. I started as a restaurant waitress, from there I got promoted to supervisor and eventually manager." After that, she was up to a new challenge and this place had been up for rent a while back then. "My good friend Alan Platt teamed up with me, and together we own this CDM minimarket now."

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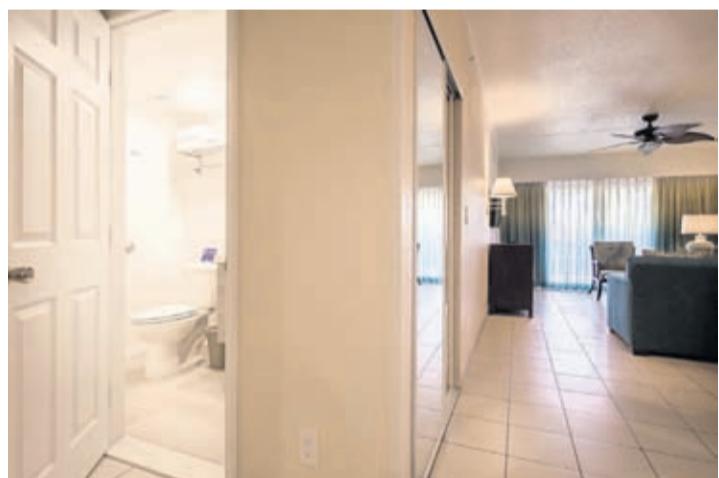
There is a reason why she is loyal to Casa del Mar, actually there are many. "But the most important one is that most guests return every year. I have generations of the same family visiting my store. Adults that come in whom I have known since they were a baby. It is a beautiful flow, I consider the guests my family." The love she has for the resort's guests is the same feeling she cherishes about the island. "I am from Peru, but my heart is in Aruba. Of course my roots count, it is just that I feel home

Casa del Mar would like to welcome you to their family of owners with suits available for sale or rental year round.

here. This is my place." Because she has been working such a long time in the restaurant she studied the taste of the mainly American guests which helps her when she stocks her mini market. "Most brands are American, they love to be able to purchase their favorite products here." Besides the mini market, Patricia also offers the use of washers and dryers. "Every floor in the resort has a room with a washer and dryer. The tokens for those, I sell here in my store. It is an extra service to make the guests vacation even more convenient." □



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Tickle your Taste Buds with Tierra del Sol



NOORD — There is a place on the Northern part of the island that makes up for your perfect dream night. The location: the island's rugged north coast and blue ocean forming your panoramic from Tierra del Sol's restaurant, either from the poolside outdoor terrace or from the elegant indoor restaurant. The offering: From breakfast to

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welcoming dishes. For the main courses you can decide for Skirt Steak, Duck Venison Duo or Pumpkin Risotto among others and

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Contemporary Art at the National Library of Aruba

ORANJESTAD — The first public event of Contemporary Art at the National Library of Aruba takes place today. The lecture 'The End of Art', given by art historian Ana Maria Hernandez, will be about the history of what we know as contemporary visual art.

Contemporary Art at the National Library is organized in collaboration with the Fundacion Plataforma Aruba. The event offers the community of Aruba the opportunity to view and learn about contemporary visual art. This project is part of a series of events at the library based on their collection of contemporary art. The lecture will take place tonight at the National Library of Aruba in Oranjestad from 6.30 to 7:30 pm.

For more information contact Fundacion Plataforma Aruba at phone: +297 56318 33 or by E-mail: office@plataformaruba.org or visit their website www.plataformaruba.org.□



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Adopt the Labyrinth



NOORD — The Aruba Peace Labyrinth would like to invite to become a volunteer and help restore the Labyrinth near the Alto Vista Chapel. You would love to volunteer but have little time? Then adoption is just for you. Adopt the labyrinth for a week and let volunteers do the job.

The Aruba Peace Labyrinth and community garden is beautifully restored by 75 ARUBA DOET volunteers, and they would like to keep it beautiful for everyone to enjoy. Which is possible when families, friends, businesses and colleagues Adopt a Labyrinth Week..



What do you need to do when you adopt a labyrinth care week?

- Water the trees and plants.
- Cut weed when it is overgrowing the labyrinth
- Replace rocks in the labyrinth paths and center.
- Pick-up trash around the labyrinth.

Does that sound do-able for you? Would you like to be a proud labyrinth volunteer? Then just send an email with your name, phone number and the Labyrinth Care Week you like to adopt to aruba-peacelabyrinth19@gmail.com. The Weeks run from Sunday – Saturday. Thank you. And thank you for sharing this post with others. The more caretakers we have the happier the Labyrinth will be. □

The Aruba Tourism Authority honor loyal visitors on the island



PALM BEACH — Recently, Kimberley Richardson of the Aruba Tourism Authority had the great pleasure to honor one of Aruba's loyal and friendly visitors as a Goodwill Ambassador of Aruba. The Goodwill Ambassador is presented on behalf of the Minister of Tourism, as a token of appreciation to the guests who visit Aruba 20 years and more consecutively.

The honoree was Fran Quirk from USA, visiting the island for 20 years consecutively! Mrs. Quirk had a whole support system there with her during the honoring ceremony celebrating with her all the way!

This lovely lady stated that she loves the island very much, especially for its year-round sunny weather, nice sandy beaches, delicious variety of foods, and Aruba's warm and friendly people that became like family to her.

Ms. Richardson together with the representatives of The Marriott Ocean Club presented the certificate to the honoree, and also handed over some presents and thanked her for choosing Aruba as her favorite vacation destination and as her home away from home.□

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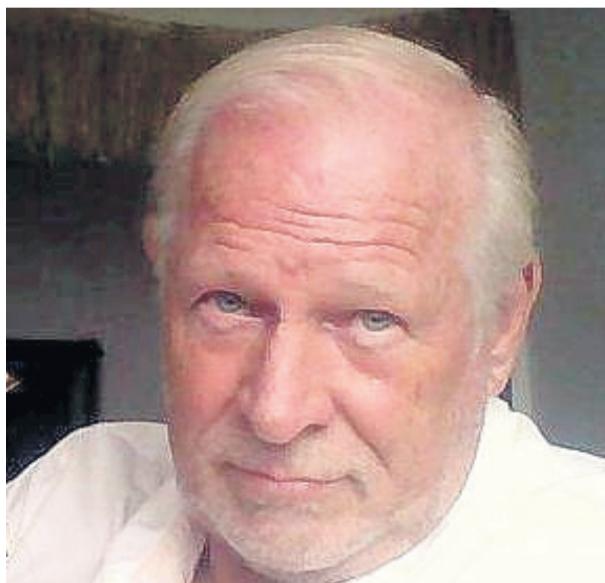
2020 Caribbean Aviation Conference will be held on St.Maarten

By Cdr. Bud Slabbaert

ST. MAARTEN — The next, 5th annual, Caribbean Aviation Meetup conference will again be held on St.Maarten/St.Martin on June 16-18, 2020. CARIBAVIA as the event is popularly called, is the most significant results and solutions oriented communication platform on the subject of 'airlift' in the region. It has gained increased appreciation by international professionals and experts of the aviation, tourism and investment industries.

Under consideration is to extend the event to a full 'Aviation Week', because of the interest from other organizations to join-in this week with meetings, workshops and sessions.

"We format and shape the event towards the current needs and the future opportunities in the region which is a dynamic process," according to conference chairman and coordinator Cdr. Bud Slabbaert. "We use foresight and look beyond current situations. One should not be surprised next year to see a demonstra-



tion of taxi-drones at the conference by one of the major multinational aircraft manufacturers. We are not focusing as much on growing numbers of participants, but therefore rather on rising the quality and value of the content of the presentations."

CARIBAVIA is characterized by encouraging interaction between the professionals who present their case and those in the audience who not just listen but request a microphone to ask questions or to make comments and suggestions.

"When we heighten the level of communication between all conference participants, we amplify the issues and intensify the exploration of new ways and means to improve air transportation and the positive impact on economies and communities of the region," continues Slabbaert. "I'm not interested in sit-and-listen conferences. We need progress."

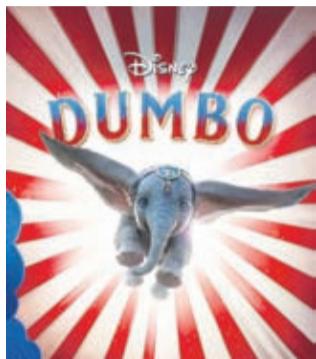
Airlift is the common denominator of the interests of stakeholders in aviation, tourism, business development and investment industries. It is equally important to government decision makers.

CARIBAVIA tries to bring them all together for better understanding and increased collaboration.□

Today's Happening



A weekly calendar with a selection of what's going on in Aruba



Wednesday 31

Movie Night at the National Library

- It's an open-air movie night at the National Library of Aruba in San Nicolas. Featuring this week 'Dumbo'. Free Entrance.
- Starts at 7:00PM
- National Library of Aruba San Nicolas
- Facebook: Biblioteca Nacional Aruba

Thursday 1

Mon.o.chrome Meet San Nicolas Pop Up Gallery

- The promenade in San Nicolas will be transformed into a Cultural meeting place. Food, drinks, arts, dance and good vibe, come and mingle with our visitors and let them feel the warmth of the Aruban culture. Enjoy the Pop-up Gallery showcasing of Mon.o.Chrome Art Photography by our local artists: CADO DE LANNOY, ARMANDANDO GOEDGEDRAG and

ANUAR HABIBE

- From 6:30PM-10:00PM
- Mainstreet of San Nicolas
- Facebook: Meet San Nicolas



Friday 2

Under One Sky

- Space and nature Foundation presents Under One Sky expo. Here you will enjoy the most amazing pictures of Space and at the same time learn more about the developments of Modern Astronomy.
- From 8:00AM-5:00PM
- National Library of Aruba, Oranjestad
- Facebook Space and Nature Foundation



Saturday 3

Energy Fusion

- Energy Fusion is performed at the Tamarijn Hotel by the Popcorn Dancers, one of Aruba's best Youth Dance Group. During the show the performers will entertain you with the most popular Modern, Caribbean, Latin & Local dance rhythms on the island. The Popcorn Dancers & magicians Jovi & Tridini are determined to bring pleasure for your eyes, ears, heart & soul.
- From 12:00PM-3:00PM
- Divi & Tamarijn Aruba All Inclusive
- Facebook Popcorn Club & Dancers Aruba



Sunday 4

BBQ Sunday- All you can eat Ribs

- The BBQ Sunday at Tango Argentine Grill is an ALL YOU CAN EAT Rib fest. The Ribs are served with coleslaw, corn on the cob and fries. The open charcoal grill is blazing, the chef is grilling away and you can eat as much as you want. There is inside- or outside seating and LIVE entertainment. The Arawak Garden is always sizzling, but on Sundays it is almost too hot to handle! The heat is on!
- From 4:00PM-11:00PM
- Tango Aruba Restaurant, J.E. Irausquin Boulevard 370
- Facebook: Tango Aruba



Monday 5

Aruba Local Art Fair

- Visit Aruba local Art Fair, A variety of local craftsmen will be present to showcase their products, which will also be available for purchase. Takes place every Monday at Bucuti & Tara Beach Resort.
- From 4:30 PM-6:30 PM
- Bucuti & Tara Beach Resort
- Facebook Foundation Aruba

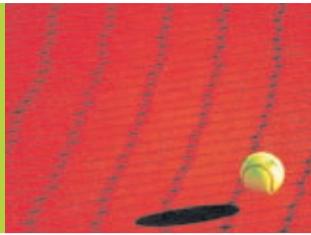


Tuesday 6

Etnia Nativia

- Explore the Native Aruban Art Gallery & Museum where all the produce and exhibit proceeds from discarded as well as recollected materials, recycled in beautiful art pieces inspired on Aruba's archaic Cultures. Anthony Croes will be delighted to give you a personal 1 hour tour.
- Make your appointment
- Westpunt 37-A, Noord
- Facebook: Etnia Nativia

SPORTS



U.S. coach Jill Ellis stepping down after 2 World Cup titles

By ANNE M. PETERSON
AP Sports Writer

With two Women's World Cup titles in hand, U.S. national team coach Jill Ellis says it's time to move on. Ellis announced Tuesday that she's resigning, just more than three weeks after the United States raised a second consecutive World Cup trophy following a dominant and record-setting run. She said she started thinking about stepping away around the start of the year, with the intention of seeing the team through this summer's tournament.

"It's obviously been a fantastic run, a fantastic ride," she said. Ellis said she wanted to spend more time with her family after more than five years in charge of the team. Currently taking some time off following the victorious monthlong odyssey in France, she said doesn't know what's next.

"I just need to take a step back and take it all in and see what next intrigues me and piques my interest," she told reporters on a conference call.

Ellis, 52, was named coach of the team in 2014 and has led it to eight overall tournament titles, including victories at the World Cup in 2015 and earlier this year. Over the course of her tenure, the United States lost just seven matches.

She will remain with the team for a World Cup victory tour which kicks off Saturday with a match against Ireland at the Rose Bowl.

Continued on Page 20

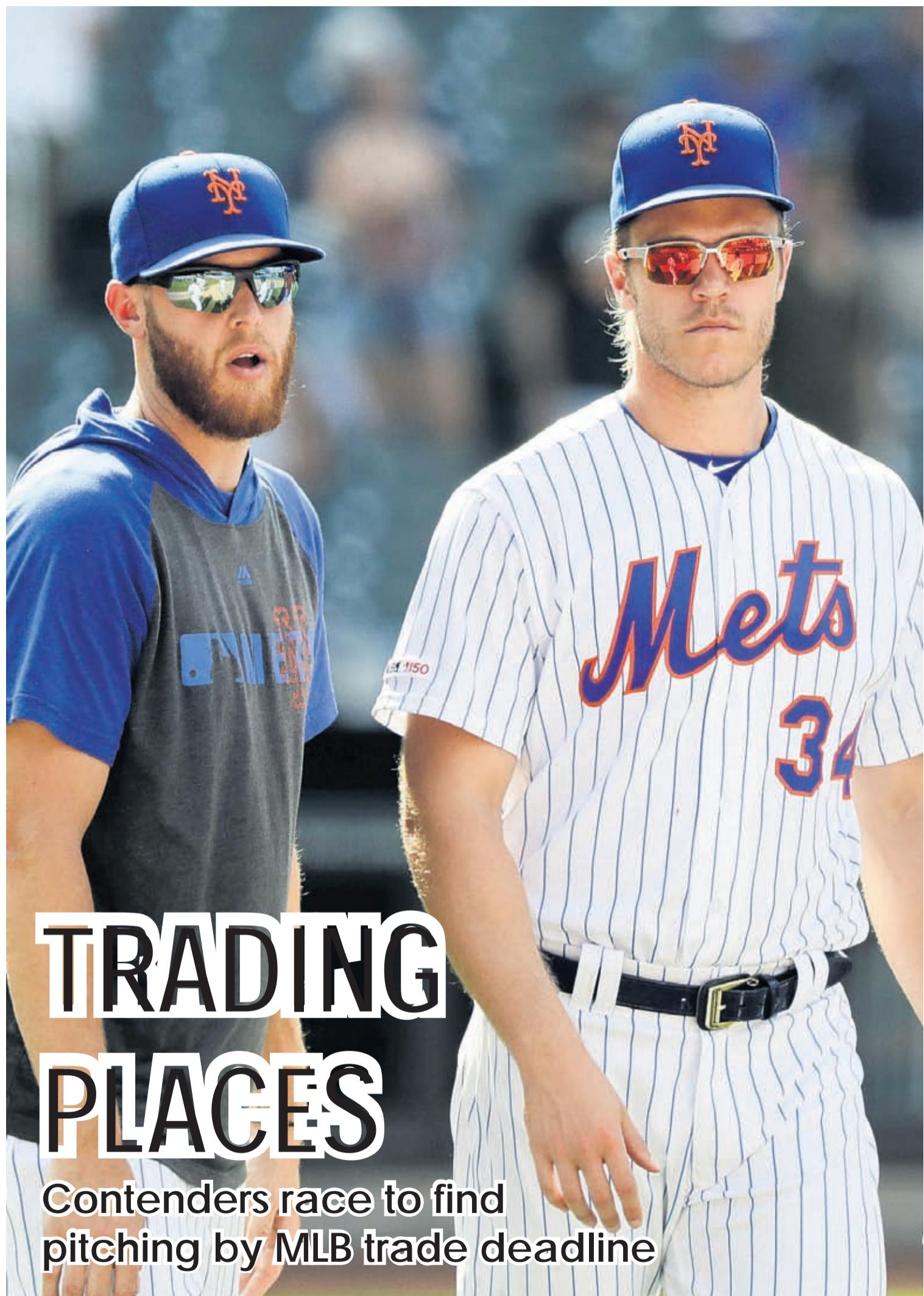
AP

TRADING PLACES

Contenders race to find pitching by MLB trade deadline

New York Mets starting pitcher Noah Syndergaard, right, and Zack Wheeler, left, leave the field after celebrating with teammates after a baseball game against the Pittsburgh Pirates Sunday, July 28, 2019, in New York.

Associated Press
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Doug Barron has a week to remember

By DOUG FERGUSON

AP Golf Writer

Doug Barron celebrated his 50th birthday with a last-minute trip to England to play links golf for the first time with some old friends. Only this wasn't the garden variety golf trip.

He flew to Manchester, drove to the Lancashire coast and played with Wes Short Jr. The last time they had played together was nearly seven years ago in the Jacksonville Open, the final event of the year on what is now the Korn Ferry Tour.

Two days later, Barron finished with three clutch putts at Fairhaven to qualify for the Senior British Open. The day he turned 50 was the final practice round at Royal Lytham & St. Annes, where Barron and Dicky Pride took 20 pounds off Joe Durant and Scott Parel. The week ended with Barron closing with a 67 in the rain while playing with Colin Montgomerie to tie for fifth. He made \$72,960, his largest paycheck in 13 years.

And the most memorable part of an unforgettable week was after it ended. Barron walked into the locker room and saw Tom Watson, who had just concluded 45 years of competing in the British Open and Senior British Open.

"He told me, 'Good playing today,' and it brought tears to my eyes," Barron said. "He was my hero growing up." Golf has not always been this good to Barron. Ten years ago, he became a footnote in PGA Tour history as the first player suspended under the Anti-Doping Policy. Oddly enough, Barron was loving life at the Senior British Open the same week as a World Golf Championship at the TPC Southwind in his hometown of Memphis, Tennessee.

It was at the TPC Southwind where he played his final PGA Tour event on a sponsor exemption in 2009 and was randomly selected for drug testing.

Barron had been on beta blockers since a mitral valve prolapse as a teen-

ager. In 2006, doctors found his testosterone level to be that of an 80-year-old man, and he began taking a steroid to get his levels normal. Golf began drug testing in 2008, and Barron was denied a therapeutic use exemption. He was so miserable for eight months that he took one injection three weeks before playing in Memphis. The drug test came back positive.

Instead of appealing, he sued. The case was resolved out of court.

Barron was never competitive when he returned, mainly because of five shoulder surgeries. His last full year on the developmental circuit was in 2012, and then he effectively fired himself. Enough of

tour life. He had missed too much time at home and wasn't going anywhere.

He became a medical rep for British-based Smith & Nephew, but that wasn't for him. "I quit right after I passed corporate training," Barron said with a laugh.

Instead, he asked a long-time friend to take a chance on him giving golf lessons at Windyke Country Club. He taught for six years when another opportunity came up in the credit card processing business.

That allowed him to play more golf, and that's when he hooked up with Shaun Webb at the David Toms 265 Golf Academy in Shreveport, Louisiana.

"He was struggling with his swing," Webb said. "He



In this Aug. 3, 2006 photo, Doug Barron drives on the first hole during the first round of the Buick Open at Warwick Hills Golf & Country Club in Grand Blanc, Mich.

Associated Press

went from zero confidence in the driver to now driving the ball as good as he ever has."

And it showed.

Barron began posting scores in the low 60s. He won three times on the Emerald Coast Tour. Against bigger fields with younger kids, he could make the cut but little more. He wanted to feel nervous. Some of the Emerald Coast Tour events had 40 players. He could handle that, even if his biggest paycheck for winning was \$8,000.

"I wanted to play where I could win," he said.

But it got him to thinking: Why not the PGA Tour Champions? Just his luck, he turned 50 the day before the Senior British Open.

"I talked to my wife, and she said to go for it," Barron said. "My wife has been my biggest supporter. □

\$10 Match Play

DOUBLE YOUR WIN | Redeem only at Blackjack Tables.

X

Please note: Limit one per person, per day. Must be 18 years or older. Coupon is valid for tourist and locals and is not redeemable for cash. Not valid with any other promotion. Management reserves the right to change promotion without notice.

Orchid Casino
Located at Riu Antillas as formerly The Westin Resort.

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DOUBLE YOUR WIN | Redeem at Hostess Desk.

Please note: Receive \$10 FREE Slot Play when you sign up and become a VIP Player's Club Member. Limit one per person. Must be 18 years or older. Photo ID required upon redemption of this coupon. Coupon is not redeemable for cash. Management reserves the right to change promotion without notice.

Orchid Casino
Located at Riu Antillas as formerly The Westin Resort.

\$20 Extra Bonus

Valid once per night

Please note: Buy in for \$200 or more & receive extra \$20 bonus, one hour minimum play.

Orchid Casino
Located at Riu Antillas as formerly The Westin Resort.

Poker Room

Please note: Buy in for \$200 or more & receive extra \$20 bonus, one hour minimum play.

Orchid Casino
Located at Riu Antillas as formerly The Westin Resort.

SUAW SWINGER WINNERS PARTY

STARTING JULY 22, 2019

TOTAL CASH PRIZES OF
\$20,000!

WIN \$5,000 IN CASH PRIZES
ON MONDAYS & WEDNESDAYS
July 22, 24, 29 and 31, 2019
starting at 9:00 PM



Continued from Page 18

Following the conclusion of the five-match tour in October, she will serve as a U.S. Soccer ambassador for at least a year.

Ellis' contract was set to expire following the World Cup with a mutual option to extend it through the 2020 Tokyo Olympics. U.S. Soccer will begin the search for a new coach after a general manager for the women's team is named. The federation expects to name a GM soon. "Jill was always extremely passionate about this team, analytical, tremendously focused and not afraid to make tough decisions while giving her players the freedom to play to their strengths," U.S. Soccer President Carlos Cordeiro said in a statement. "She helped raise the bar for women's soccer in the USA and the world, and given the history of this program, the level of success she achieved is even more remarkable."

Ellis' assistant coach, Tony



In this July 6, 2019 file photo United States coach Jill Ellis attends a news conference at the Stade de Lyon, outside Lyon, France.

Gustavsson, is also stepping down after eight years with the team.

Over the summer in France, Ellis broke April Heinrich's U.S. women's team record for most games coached. Overall, she has led the team in 127 matches, with 102 wins.

Ellis was named head

coach after serving as interim coach following the dismissal of Tom Sermanni. Ellis also served as interim coach after Pia Sundhage resigned in 2012.

She was an assistant to both and was on the staff of the gold medal-winning teams at the Beijing and London Olympics.

She also served as head coach at UCLA for 12 seasons.

"When I accepted the head coaching position this was the timeframe I envisioned," Ellis said. "The timing is right to move on and the program is positioned to remain at the pinnacle of women's soccer. Change is something I have always embraced in my life and for me and my family this is the right moment."

The World Cup title in 2015 was the team's first since winning it all in 1999. Overall, the team has won soccer's most prestigious tournament four times.

The top-ranked U.S. team has been dominant throughout Ellis' tenure. The team went undefeated in the 2015 World Cup in Canada en route to a 5-2 victory over Japan in the title match. The United States gave up just three goals over the course of the tournament.

Earlier this month, the U.S. defeated the Netherlands

2-0 in Lyon, France, to claim its second straight championship, after challenging knockout victories over No. 4 France and No. 3 England. The Americans never trailed at the tournament and set records with 26 goals and a 12-game World Cup winning streak dating to 2015. Ellis became the first coach to lead a team to two Women's World Cup titles.

But there was also disappointment during her time at the helm. The defending champions were knocked out in the quarterfinals in the 2016 Brazil Olympics by Sweden, the team's earliest departure ever in the tournament.

Ellis said she thought it was important to allow a new head coach to get major tournament experience in the Tokyo Games before the next World Cup.

"I've actually worked in three Olympics, so it's an experience I've had, with Pia in Beijing and London, and obviously in Brazil," she said. □

Nationals beat Braves 6-3, tighten NL East race

By The Associated Press

WASHINGTON (AP) — Anthony Rendon hit a tie-breaking grand slam in the sixth inning, and the Washington Nationals beat the Atlanta Braves 6-3 on Monday night in the opener of a three-game series to close within 4½ games of the NL East leader.

With the score 2-2, Rendon connected of Chad Sobotka for his 23rd home run this season and third career slam, raising his career RBIs total to 500. Rendon had two hits.

Patrick Corbin (9-5) allowed two runs and five hits in six innings, striking out eight and walking one. Sean Doolittle gave up a home run to pinch-hitter Charlie Culberson in the ninth.

Dallas Keuchel (3-4) gave up four runs, six hits and four walks in 5 1/3 innings in his eighth start for the Braves.

Juan Soto hit an RBI single in the first and Trea Turner had an RBI double in the second. The 20-year-old Soto also made a leaping catch at the left-field wall in the sixth to deny Adam Duvall a possible two-run homer.

Josh Donaldson singled off the glove of second baseman Brian Dozier in the sixth for his 1,000th hit.

ROCKIES 9, DODGERS 1

DENVER (AP) — Jon Gray allowed three hits over eight innings to win for the first time in a month, and Colorado beat Los Angeles for its third win in 11 games this season against the NL champions.

Nolan Arenado had a two-run single in a five-run fifth inning, David Dahl hit a two-run homer in the eighth, and Ian Desmond finished a home run short of the cycle.

Gray (10-7) allowed one run, struck out six and walked three. Wade Davis finished the four-hitter.

Kenta Maeda (7-8) allowed six runs and seven hits in four-plus innings for the Dodgers.

REDS 11, PIRATES 6

CINCINNATI (AP) — Jose Iglesias' grand slam completed Cincinnati's 10-run second inning in a win over Pittsburgh.



Washington Nationals second baseman Brian Dozier throws a ground ball single by Atlanta Braves' Josh Donaldson to first base in the sixth inning of a baseball game, Monday, July 29, 2019, in Washington.

Associated Press

Before the game, the Pirates traded scheduled starter Jordan Lyles to the Brewers.

The last-place Pirates lost their ninth straight, their longest skid since they dropped 10 in a row in 2011.

The Reds piled up six hits and three walks while sending 13 batters to the plate. Joey Votto singled home a pair of runs, first baseman Josh Bell had a throwing error, and Iglesias' second career grand slam off Montana DuRapau made it 10-1. Every Reds player scored in the inning.

Sonny Gray (6-6) gave up four runs in 5 1/3 innings, including Starling Marte's 18th homer and Bryan Reynolds' ninth. Colin Moran hit his third career grand slam off Wandy Peralta.

MARLINS 11, DIAMOND-BACKS 6

MIAMI (AP) — Caleb Smith endured a bad stretch after a baserunning adventure and recovered to pitch seven innings as Miami beat Arizona.

Smith laid down a bunt in the second inning and wound up at third base thanks to two errors on the play. The jaunt may have taken a toll, because in the next inning he gave up three hits, including a three-run homer by Ketel Marte. Smith (7-4) allowed only one other run, struck out nine and retired his final 10 batters.

The Marlins, who won three of four games from Arizona, improved to 10-9-1 in their past 20 series. They started the year 1-10-3.

Miami's Miguel Rojas homered for the third game in a row, increasing his season total to four. Teammate Brian Anderson added his 15th homer. Both homers came off Merrill Kelly (7-11), who allowed seven runs in six innings. He has lost his past five decisions, and his ERA has climbed to 4.52. Carson Kelly hit his 13th homer for Arizona.

BLUE JAYS 7, ROYALS 3

KANSAS CITY, Mo. (AP) — Cavan Biggio hit the go-ahead homer in the eighth

inning, Randal Grichuk and Teoscar Hernandez also went deep, and Toronto rallied past Kansas City. Top prospect Bo Bichette singled in the first at-bat of his big league career, and the Blue Jays got a strong spot start from Thomas Pannone in the opener of a 10-game trip.

Tim Mayza (1-1) earned the victory with a scoreless inning of relief.

Brad Keller (7-10) let just three balls out of the infield until Hernandez's tying home run in the fifth inning. He went on to allow three homers in a game for the first time in his career, and four runs total in seven-plus innings.

TIGERS 7, ANGELS 2

ANAHEIM, Calif. (AP) — Jordan Zimmermann got his first win in 18 starts dating to last season and Detroit beat Los Angeles.

Zimmermann (1-8) allowed two runs in 5 1/3 innings to get his first victory since Sept. 5, 2018.

Miguel Cabrera homered and drove in three, and

Jordy Mercer also connected.

Kole Calhoun homered for the Angels, who dropped to 1-4 during their seven-game homestand. Jaime Barria (4-4) gave up three runs, two earned, in five innings.

PADRES 8, ORIOLES 1

SAN DIEGO (AP) — Rookie Fernando Tatis Jr. and Franchi Reyes homered on David Hess' first two pitches, and Eric Hosmer connected twice and drove in five runs San Diego's win over Baltimore.

Luis Urias also went deep for the Padres, who hit four homers off Hess and five overall. The long balls carried rookie Chris Paddack (7-5) to his second victory in three starts.

It was the first time that the Padres homered on the first two pitches they saw.

Paddack held the Orioles to one run and three hits in 5 1/3 innings.

Hess (1-10) allowed five runs and six hits in 4 2/3 innings. He struck out seven and walked none. □



San Francisco Giants pitcher Madison Bumgarner throws to a Chicago Cubs batter during the fourth inning of a baseball game in San Francisco, Tuesday, July 23, 2019.

Arms race ahead of MLB trade window shutting Wednesday

By RONALD BLUM
AP Baseball Writer

NEW YORK (AP) — If Madison Bumgarner, Noah Syndergaard, Trevor Bauer, Mike Minor or Robbie Ray is going to get dealt to contenders desperate for arms, it will happen this week or not at all.

Baseball's trade window shuts Wednesday afternoon — completely, not like in years past.

Marcus Stroman, Jason Vargas, Andrew Cashner, Jordan Lyles, Drew Smyly, Homer Bailey, Jake Diekman and Derek Holland are among the pitchers dealt as the deadline approached. Most of the big names fans envisioned changing jerseys have stayed put in this new era of baseball economics, where prospects and youth are more prized than ever. "Teams are doing a better and better job of understanding younger and younger players, and that's why you see the value in teams trying to keep prospects," Toronto general manager Ross Atkins said Monday after dealing Stroman, a first-time All-Star, to the New York Mets for a pair of pitching prospects. "The younger players seem to be really increasing in value."

Major League Baseball's deadline for trades without

waivers was June 15 from 1923 through 1985, and has been July 31 or Aug. 1 each year since. Players who cleared waivers could be dealt after the deadline, but they had to be in an organization by Aug. 31 to be eligible for the post-season.

That changed in March, when MLB and the players' association agreed to a rules change that prohibits trades from Aug. 1 through the World Series. The only way a player can change clubs during that period is to be claimed on waivers or get released and sign with a new team.

"I think one of the things we're going to find in the next couple of days as a result of there being no August trades anymore, there's going to be a lot of teams looking to make moves to fortify their depth," Philadelphia general manager Matt Klentak said Monday, when he acquired left-hander Jason Vargas from the Mets.

In a season of record home runs, most contenders think they'll need more pitching to survive the pennant races and the postseason. With the season about two-thirds over, there had been just 31 complete games entering Monday — only slightly ahead of the pace that led to a record-low 42

last year. That's down from 104 in 2015, 209 in 2003 and 302 in 1998, a sign of just how much the sport has transformed in two decades. Managers want plenty of power arms available inning after inning, leading rebuilding teams to sell off their veterans to clubs hoping to win now.

The Los Angeles Dodgers, New York Yankees and Houston Astros have large leads and the Atlanta Braves are comfortably atop their division. But the Yankees' starting pitching has stumbled in the past week, leading them to consider deals for starters and relievers with teams hungering for top young players such as Gleyber Torres, Miguel Andújar, Clint Frazier and Deivi Garcia.

Houston is looking for a starter to join a rotation headed by Justin Verlander, Wade Miley and Gerrit Cole. The Dodgers have been seeking relievers from a market that may include Joe Biagini, Ian Kennedy, Ken Giles, Mychal Givens, Shane Greene, Francisco Liriano and Seth Lugo.

About a half-dozen teams in each league are competing to reach the wildcard playoffs, forcing some of them to make critical decisions whether to go for it or give up and stock for the future. □



In this Friday, May 3, 2019 file photo, South Africa's Caster Semenya crosses the line to win the gold in the women's 800-meter final during the Diamond League in Doha, Qatar.

Semenya won't defend 800 world title after court setback

LAUSANNE, Switzerland (AP) — Caster Semenya won't defend her title in

the 800 meters at the world championships this fall after a Swiss court overturned a temporary ruling that allowed her to compete in international events without taking testosterone-suppressing drugs.

Semenya is locked in a court battle with the IAAF, track and field's governing body, over rules that require her to take the drugs to counter her naturally high testosterone levels. Tuesday's ruling means she cannot compete in events ranging from the 400 to the mile. The world championships are Sept. 28-Oct. 6 in Doha, Qatar.

Semenya has pledged not to take drugs to lower her testosterone again and said she could drop down to sprints or scale up to longer distances if she can no longer compete in the 800, her signature event.

In April, the CAS upheld IAAF's regulations governing athletes with Semenya's condition, known as "difference of sex development." Semenya appealed to the Swiss federal court, which has limited power to review the CAS decision.

The court found that Semenya's appeal "does not appear with high probability to be well founded," in part because the court is bound by the CAS finding that Semenya's condition "has a direct impact on performance in sport, which could never be achieved by other women." Dorothee Schramm, the lawyer leading Caster's appeal, said Tuesday's decision was a setback but not a defeat. □

U.S. Soccer: Women's team has made more than the men

By ANNE M. PETERSON

AP Sports Writer

Facing mounting public pressure in a fight over equitable pay, U.S. Soccer said the World Cup champion women's national team has been paid more than the men's team.

According to a letter released Monday by U.S. Soccer President Carlos Cordeiro, the federation paid out \$34.1 million in salary and game bonuses to the women between 2010 and 2018 as opposed to \$26.4 million paid to the men. The total does not include the value of benefits received only by the women, like health care.

The federation released the figures as it moves toward mediating a federal lawsuit in which players for the women's team accused U.S. Soccer of "institutionalized gender discrimination" that includes inequitable compensation when compared to players on the men's team.

Comparing compensation between the two teams is difficult because the pay structure is based on different collective bargaining agreements. For example, players for the women's team have a base salary while the men are paid primarily based on matches and performance.

"In the weeks ahead, we'll focus on preparing for mediation and resolving this matter in the best interests of the WNT and U.S. Soccer. I want you to know that U.S. Soccer is committed to doing right by our players, and I've been encouraged by the public comments from players expressing their desire for a cooperative approach. I remain optimistic that we can find common ground," Cordeiro wrote. "Together, I believe we can get this done."

Molly Levinson, a spokeswoman for the players in matters involving the lawsuit, called the letter "a sad attempt by USSF to quell the overwhelming tide of support the USWNT has received from everyone from fans to sponsors to the United States Congress."

"The USSF has repeatedly



In this July 7, 2019 file photo United States' team celebrates with the trophy after winning the Women's World Cup final soccer match between US and The Netherlands at the Stade de Lyon in Decines, outside Lyon, France.

admitted that it does not pay the women equally and that it does not believe the women even deserve to be paid equally," Levinson said. "This is why they use words like 'fair and equitable,' not equal in describing pay."

Cordeiro said the federation recently conducted an extensive analysis of its finances over the past 10 years, seeking to clear up what he called confusion based on the pay structures for both teams.

U.S. Soccer said it pays the women's national team players a base salary of \$100,000 per year, and an additional \$67,500 to \$72,500 per player as a salary for playing in the National Women's Soccer League. The women also have health care benefits and a retirement plan.

Players on the men's national team are paid by training camp call-ups, game appearances and through performance bonuses. The federation acknowledged the men have the ability to earn higher bonuses than the women. The men's team did not make the field for the 2018 World Cup in Russia, while the women

have won back-to-back World Cup titles.

The collective bargaining agreements are not made public, and U.S. Soccer did not provide details about the men's bonus structure. USSF also says the men's team generates more revenue. The women's team generated \$101.3 million over the course of 238 games between 2009 and 2019 while the men generated \$185.7 million over 191 games, according to the federation.

The analysis did not include prize money for tournaments like the World Cup, because those funds are determined by FIFA, soccer's international governing body, and not U.S. Soccer.

The letter comes amid increasing pressure on U.S. Soccer in the wake of the women's victory at the World Cup earlier this

month. After the United States defeated the Netherlands in Lyon, France, the crowd at the stadium chanted "Equal Pay! Equal Pay!"

During the World Cup, more than 50 members of Congress also sent a letter to U.S. Soccer "to express our disappointment of the inequities in pay, publicity, and investment that the U.S. Women's National Team (USWNT) has continued to face."

Sen. Joe Manchin of West Virginia introduced a bill that would withhold federal funding that would go toward hosting the 2026 men's World Cup until the issue was resolved.

Procter & Gamble, a sponsor of the team, said this month it would donate \$529,000 — \$23,000 for each of the 23 players on the U.S. team that won the World Cup — to the U.S.

Women's National Team Players Association to help close the pay gap. The company took out a full-page ad in The New York Times urging U.S. Soccer to "be on the right side of history."

Cordeiro said in the letter that the federation decided to focus on winning the World Cup rather than debate the lawsuit.

"Now that the Women's World Cup is behind us, a common understanding of key facts will also help advance our shared work to grow women's soccer in America as well as the larger national discussion about equality," he wrote.

Levinson maintains the figures provided by U.S. Soccer are misleading.

"The USSF fact sheet is not a 'clarification.' It is a ruse.

Here is what they cannot deny. For every game a man plays on the MNT he makes a higher base salary payment than a woman on the WNT. For every comparable win or tie, his bonus is higher. That is the very definition of gender discrimination," Levinson said in a statement. "For the USSF to believe otherwise, is disheartening but it only increases our determination to obtain true equal pay." □



LIKE US ON





By: Dr Carlos Viana

Detoxification is one of the more widely used concepts in natural medicine. In regular, allopathic medicine 'detox' refers to the medical treatment of an alcoholic or drug addict involving abstention from drink or drugs until the blood-stream is free of toxins. Natural medicine believes that illnesses can be caused by the accumulation of harmful substances (toxins) in the body. In my 3-Step Biocompatible Medicine protocol, Step #1 is Identify and Eliminate toxins. There is no "magic pill" or procedure that instantly cleans your body from all the accumulated poisons. Think all the ways waste needs to be removed from your home. There is toilet waste, shower and sinks; food, paper and packaging waste. Laundry and dishes, gardens, outdoor spaces need to be weeded and cleaned and don't forget endless dusting. Cleaning around your house requires daily, weekly and seasonally attention not to become an overwhelming mess. Cleansing your body is no different.

The first step is to drink enough mineral water, daily. Water is considered the greatest solvent in the world because it dissolves more substances than any other liquid. As water travels through your body, it takes along with it vitamins and nutrients that are vital to life. Water dilutes the

concentration of a liquid. I have had patients, having to take medication for "thick blood", who resolved their blood thickness by drinking more water. Enough water daily is: 1Qt./liter of mineral water for every 66lbs./30kg. of body weight. If you have trouble drinking sufficient water, you can try adding fresh lemon juice, this is especially important for blood type A and AB, who's body's do not produce enough stomach acid. You actually treat acid with acid, but, be careful to choose a "good" acid like fresh lemon or lime or natural apple cider vinegar. This is a good "cleanser" helping balance the body's PH levels taken in the morning upon waking. Elimination of fried, convenience, junk foods is the next thing after water to detoxify the body. When junk food is consumed, the excess fat, carbohydrates, and processed sugar contribute to an increased risk of obesity, cardiovascular disease, diabetes, weight gain, and many other chronic health conditions. All these medical risks lower your body's ability to remove toxic poisons.

Your immune system begins to develop the day you are born when your mother's bacteria reaches your colon and stimulates the immune cells in the wall of the colon. Up to 70% of your immune system lives in the wall of the colon. Therefore, for it to be performing well and helping you to fight the deluge of viruses and bacteria, your digestive system needs to be in tiptop condition.

Constipation will have a negative effect on your immune system. First, constipation slows down the movement within your intestines, which means that food matter and waste gets stuck preventing absorption of nutrients needed to support the immune system. Other effects of constipation are inflammation and bloating. Over time this will weaken your immune system, making you more susceptible to viruses.

Colon Hydro-Therapy, or a "Colonic" done by a certified professional is a great way to clean or detoxify the body. As a Colon Hydro-Therapist, I witness small miracles washing the colons of sick patients. "Out of fashion" but our grandparents remember a smaller, home version of this is as an enema. I do not recommend the modern pharmacy version of this; some enema bottles come with a prepared solution. This "solution" can be irritating and I recommend,

using just clean, warm water. In some cases a "coffee enema" is recommended, but a professional should supervise this. Colon therapy washes the colon with warm water to clean out old waste and toxins. After treatment, we then give pro-biotics (pro=for, biotic = life/ "For Life"). The most well known is acidophilus. This helps replenish the beneficial bacteria in your colon's immune system. I recommend acidophilus any-time an antibiotic is taken to offset the negative side effects of the drug.

Many of our patients have lost their gallbladder or the liver is so overworked attempting to clean toxins, it is not able to produce healthy bile. Your liver is responsible for cleaning toxins and wastes from your blood, and separating the useful nutrients to synthesize hundreds of chemicals that your body needs for daily functioning. Your liver also activates and regulates hormones.

Your liver detoxifies harmful substances in two steps. The first step uses enzymes from the pancreas and oxygen to burn toxins, especially fats, so they are more soluble, making them easier to eliminate. If your pancreas is not working properly, it cannot produce the enzymes for digestion and detoxification. In this case we recommend taking natural digestive enzymes with meals as support. Without a gall bladder is it important to supplement with lecithin granules. Our clinic uses specialized testing to see the liver's ability to detox properly. With results, we can recommend treatment.

Get The Point! Detoxification is helpful for those suffering from many chronic diseases, including allergies, anxiety, arthritis, asthma, infections, depression, diabetes, headaches, heart disease, high cholesterol, low blood sugar levels, digestive disorders, mental illness, and obesity, as well as for those who have been exposed to high levels of toxic materials due to accident or occupation. However, like keeping your home clean, there are many steps and ways to detoxify. Your body systems are made to keep it running in good condition, but "modern lifestyle" can sometimes "clogged up" the natural process so it may need a little help. Most people should consult with a professional before starting a "detox program." Contact us to help you "Identify and safely Eliminate" toxins from your body safely and effectively. □

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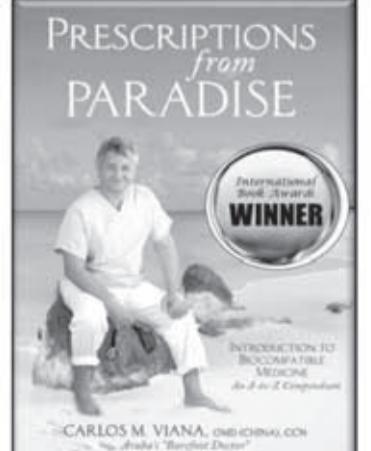
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Millennial Money: More money can lead to more problems

By KELSEY SHEEHY

NerdWallet

Associated Press

A few years ago, my best friend said something that really stuck with me. The gist was this: It doesn't matter whether you make \$25,000 or \$100,000 a year — you'll still feel like you don't have enough money.

That's easy for someone making \$100,000 to say, I thought at the time.

But here's the thing. She was right. In the span of a few years, I went from being an intern to a legit professional. My salary doubled, but I was still living paycheck to paycheck.

The reason? Lifestyle creep. "People who see their income increase, a lot of times they're just not that much better off," says Brian Madgett, head of consumer education at New York Life. "Because as your income changes, you give yourself permission to spend more money."

You buy nicer clothes. You upgrade your living arrangements. You go on vacations. You pay for conveniences.

That permission slip can quickly lead to debt, especially if you give yourself the green light to spend beyond your means.

"You often see an increase in consumer debt when that salary increases (because) that increased salary gives someone the confidence to say, 'Hey, we can



In this May 8, 2019 photo, a passer-by, left, walks near a bus stop that features an advertisement, in Boston's Seaport district.

Associated Press

buy this. We don't have the money in the bank right now, but we're confident that over time, we can pay that off," Madgett says.

Jumping off that roller coaster of large spending, new debt, large spending, new debt can be difficult. But curbing lifestyle creep in your 20s and 30s, when you'll likely see your biggest wage increases, can give you more financial freedom down the road.

Don't worry. No one expects you to have three roommates and live off ramen noodles for the rest of your life. Some lifestyle up-

grades are OK. These tips will help you keep it from going too far.

COUNT YOUR MONEY

When you're broke, you keep a close eye on every dollar. But that vigilance can fade when you have some cash to spare. Suddenly, your checking account is tapped and you have no idea where the money went.

Tracking your spending, via an app or an old-fashioned spreadsheet, will keep you tuned in to where your money is going. Then you can make informed decisions around your spend-

ing, like whether you really want to shell out that much money on takeout.

PLAN FOR INDULGENCES

Tom and Donna (RIP "Parks and Recreation") know not to "Treat Yo Self" every day. Instead, make it special. And make it part of your plan. Carve out room in your budget for fun and set aside funds for things like vacations, concerts or big purchases.

You'll enjoy indulging more when you know you have the money set aside, Madgett says.

"Some of the most successful people, lifestylewise —

the ones who don't have any stressors around money — bucket out money for all the things they want to spend on," he says.

KEEP PACE WITH SAVINGS

If your income (and spending) increases, your savings should, too. This applies regardless of lifestyle creep, because living generally gets more expensive as you get older — you might buy a house, you might have babies, you might run into medical issues or have to care for an aging parent. So get in the habit of bumping up your savings as you go.

"Set up regularly occurring automatic transfers to your retirement account, emergency fund and any other savings accounts," says Logan Allec, a certified public accountant and owner of personal finance site Money Done Right.

And increase those contributions every time you get a raise. Otherwise, your savings might not keep up with your lifestyle, Madgett says.

"If you're not taking a close look at your savings, you could wake up in 20 years with savings based on the income you had 20 years ago," he says.

You don't need to bank the full amount, he says. If you get a 10% raise, for example, bump up your savings by 5% and give yourself permission to spend the rest. □

US home prices climbed just 2.4% from a year ago

By JOSH BOAK

Associated Press

WASHINGTON (AP) — U.S. home prices rose at a slower pace in May, a sign that many would-be buyers are finding properties unaffordable.

The S&P CoreLogic Case-Shiller 20-city home price index increased 2.4% in May from a year earlier, according to a Tuesday report. Price growth decelerated slightly from the 2.5% year-over-year gain in April.

"Thwarted by climbing prices for years, buyers are no longer willing to pay any price," said Matthew

Speakman, an economist that real estate company Zillow. "There were too few homes on the market and buyers were unable to find houses that fit both their needs and their budgets, so they took a breather."

The sluggish price growth stems largely from the most expensive markets, where years of price growth have undermined affordability. Home prices rose less than 2% in Los Angeles, New York, San Diego and San Francisco. Prices in the typically hot market of Seattle fell 1.2% from a year ago, a sharp reversal from an an-

nualized gain of 13.6% in May 2018.

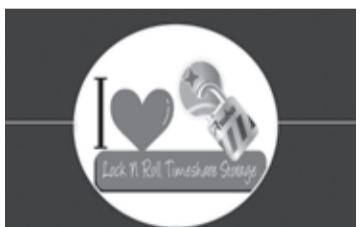
The strongest price gains were in Las Vegas at 6.4%, Phoenix at 5.7% and Tampa at 5.1%.

There were signs in a National Association of Realtors report on existing homes that prices may get some support from lower mortgage rates. □



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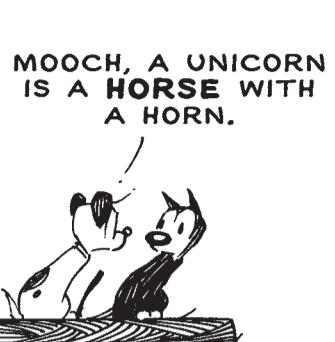
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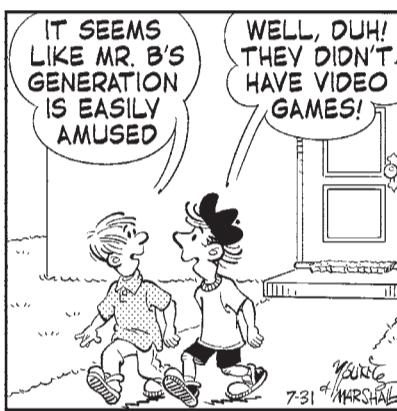
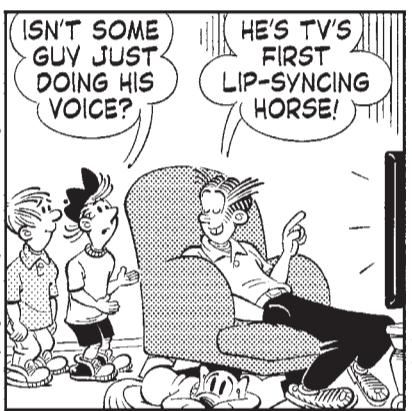
Mutts



6 Chix



Blondie



Mother Goose & Grimm



Baby Blues



Zits



Conceptis Sudoku

7	9	8	2	4							
8		5			1						
6			9			8					
2				5			6				
8	5	1	9	6				7			
6	4	3			2						
						1					
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						1	5	7	3	4	

Difficulty Level ★★★

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Sudoku is a number-placing puzzle based on a 9x9 grid with several given numbers. The object is to place the numbers 1 to 9 in the empty squares so that each row, each column and each 3x3 box contains the same number only once. The difficulty level of the Conceptis Sudoku increases from Monday to Sunday.

7	1	5	9	4	6	3	2	8			
9	4	3	8	7	2	6	5	1			
2	6	8	3	1	5	9	4	7			
3	5	9	7	6	8	4	1	2			
4	7	1	5	2	9	8	6	3			
8	2	6	4	3	1	7	9	5			
1	3	2	6	8	4	5	7	9			
6	9	7	1	5	3	2	8	4			
5	8	4	2	9	7	1	3	6			

Yesterday's puzzle answer

7	1	5	9	4	6	3	2	8			
9	4	3	8	7	2	6	5	1			
2	6	8	3	1	5	9	4	7			
3	5	9	7	6	8	4	1	2			
4	7	1	5	2	9	8	6	3			
8	2	6	4	3	1	7	9	5			
1	3	2	6	8	4	5	7	9			
6	9	7	1	5	3	2	8	4			
5	8	4	2	9	7	1	3	6			

ACROSS

- 1 Highly self-satisfied
- 5 Snakelike fishes
- 9 Bounce back
- 13 Pinot noir & Riesling
- 15 Bona fide
- 16 off; display
- 17 Walk leisurely
- 18 Cutback
- 20 Eskimo ___; ice cream treat
- 21 Siesta hour
- 23 Ulysses & Amy
- 24 Role player
- 26 Gangster's gun
- 27 Self-esteem
- 29 Least bananas
- 32 Enraged
- 33 Irish poet
- 35 Tack
- 37 Captures
- 38 Circular
- 39 Tibia or vomer
- 40 Sick
- 41 Hits hard
- 42 Sizable
- 43 Made watertight
- 45 Inclined
- 46 Pistol
- 47 Paper money
- 48 Elsewhere
- 51 "Lazy River"
- 52 Skillet
- 55 Moseyed
- 58 Stop
- 60 Sword handle
- 61 up on; study about
- 62 Long tales
- 63 BPOE folks
- 64 Lively
- 65 Circus enclosure

Created by Jacqueline E. Mathews

7/31/19

Tuesday's Puzzle Solved

P	B	S	A	O	R	T	A	J	E	S	T
T	O	T	S	U	N	I	O	N	A	C	H
S	C	A	T	S	T	O	I	C	C	H	I
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S	I	C	K	E	N	B	O	T	A	N	T
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W	H	O	A	A	R	G	E	N	T	I	
R	E	A	R	K	A	R	T	N	O	D	
A	R	T	S	E	R	O	S	E	G	A	
P	E	S	T	S	E	W	E	D	H	E	

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7/31/19

- 41 Lacking tact
- 42 Colorful fragrant flowers
- 43 Fungal growth
- 44 Secret ___; spies
- 45 Waiter's hope
- 46 Bondsman's offering
- 47 Chum
- 48 Arthur with a racket
- 49 Slippery ___ eel
- 50 Pout
- 51 Wasp's home
- 52 Legislator's title: abbr.
- 53 Hearing organ
- 54 Dine
- 55 Nod
- 56分析
- 57 Dine
- 58 Gaze
- 59 Dine
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Caiman went: Swiss authorities call off hunt for reptile

Associated Press

BERLIN (AP) — This caiman went: Swiss authorities say they're calling off the hunt for an alligator-like reptile spotted in an inland lake, declaring it "a phantom." The meter-and-a-half (5-foot) long caiman was spotted by a fisherman in Lake Hallwil, about 50 kilometers west of Zurich, on July 14 when it briefly surfaced and scarfed down a duck.

Police considered the report credible, saying the caiman — indigenous to Central and South America — was likely an abandoned pet.

But spokesman Bernhard Graser told news site 20 Minuten Tuesday searches have been called off. He says "he isn't doing any harm, it's like a kangaroo roaming around freely here — it doesn't belong, but it doesn't hurt either." Graser says: "He'll probably remain a phantom, making it the summer story of the year." □

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*WK. 51 GV \$39k
*WK 52 OV \$46k
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Rhinoceros conceived artificially born at California zoo

LOS ANGELES (AP) — A conservation organization in San Diego says it has achieved the first successful artificial insemination birth of a southern white rhino in North America, an important step in saving another rhino species from extinction.

San Diego Zoo Global announced that mother Victoria gave birth Sunday to a healthy southern white rhino male calf in the barn at the San Diego Zoo Safari Park after 30 minutes of labor.

"All of us at San Diego Zoo Global are elated with the arrival of this special rhino calf," said Barbara Durrant, director of reproductive science at San Diego Zoo Global.

Victoria was artificially inseminated with frozen semen from southern white rhino Maoto in March 2018 following hormone-induced ovulation. Victoria carried her calf for over a year — 493 days. Mother and calf will remain off exhibit to the public to allow them time to bond for now. The calf will eventually be introduced to the other five female rhinos at the Nikita Kahn Rhino Rescue Center



This Monday, July 29, 2019 photo provided by the San Diego Zoo shows a day-old southern white rhino calf stands beside its resting mother, Victoria, at the Nikita Kahn Rhino Rescue Center at the San Diego Zoo Safari Park in Escondido, Calif.

Associated Press

— including Amani, another rhino pregnant through artificial insemination due to give birth in September or October.

"Not only are we thankful for a healthy calf, but this birth is significant, as it also represents a critical step in our effort to save the northern white rhino from the brink of extinction," Durrant

said.

The northern white rhino is a distant subspecies of the southern white rhino. Only two northern white rhinos currently remain on Earth — both female.

Scientists say the southern white rhinos will be serving as surrogates for northern white rhino embryos. The reproductive system of rhinos

is very complex, but researchers are optimistic that a northern white rhino calf could be born from these processes within 10 to 20 years.

In May, scientists at the Polish zoo Chorzow successfully completed a procedure where they transferred a northern rhino test tube embryo back into a female

southern white rhino whose eggs were fertilized in vitro. However, the embryo transferred at Chorzow zoo is smaller than expected. It remains to be seen whether it will implant in the mother's uterine lining and result in a pregnancy.

"There are a lot of technical problems that will be solved, but it will take time," Cesare Galli, whose company specializes in artificial reproduction of horses, told The Associated Press in June.

The last male northern white rhino, named Sudan, died in March 2018. Scientists had preserved frozen sperm samples from several males they are hoping to use to revive the species. Rhinos have long been from poached because of their horns, and several sub-species are at risk of extinction. Southern rhinos are classified as near threatened on the International Union for Conservation of Nature Red List of Threatened Species. Conservationists say rhinos are important for the survival of many other species because of the role they play in landscaping their native habitat. □

Study: Rising ocean temperatures killing Guam coral reefs

MANGILAO, Guam (AP)

— A third of Guam's coral reefs have died because of rising ocean temperatures, researchers said. University of Guam researchers said increased temperatures killed 34% of Guam's coral reefs between 2013 and 2017, The Pacific Daily News reported Monday.

About 60% of the reefs along Guam's eastern

coast are gone, scientists said.

"Never in our history of looking at reefs have we seen something this severe," said Laurie Raymundo, UOG marine lab director and marine biology professor. The study was published in the scientific journal *Coral Reefs*.

The problem is too urgent to ignore because corals are vital to fish habitats,

provide coastal protection and contribute to Guam's tourism industry, Raymundo said.

A multi-agency Guam Coral Reef Response team monitors the island's reefs and tries to revive coral communities in line with a 2017 recovery plan. Guam is now in watch status for another mass bleaching event, which precedes large-scale reef death.

"Once we see temperatures starting to rise, this is when we activate our plan," said Whitney Hoot, Guam Bureau of Statistics and Plans coral reef resilience coordinator.

Negative effects could be reduced by making changes in local stressors such as Guam's pollution, sewage system and plastic waste, researchers said. □

It's official: UK broke temperature record during heat wave

LONDON (AP) — Britain has officially had its hottest day on record.

Weather agency the Met Office says the temperature reached 38.7 C (101.7 F) at Cambridge University Botanic Garden in eastern England during last week's heat wave.

The temperature was recorded Thursday and confirmed Monday after "quality control and analysis" by the Met Office.

The previous U.K. record was 38.5 C (101.3 F), set in August 2003.

Temperature records fell across Europe last week as a suffocating heat wave swept up from the Sahara. Met office climate sci-

tist Mark McCarthy said climate change was making extreme temperatures more common.

He said "climate change has increased the likelihood and severity of heat-wave episodes across Europe, which will have also increased the risks of a 40 Celsius temperature event in the U.K." □

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Jury to decide damages owed by Katy Perry for 'Dark Horse'

LOS ANGELES (AP) — A jury's verdict that Katy Perry's 2013 hit "Dark Horse" improperly copied a 2009 Christian rap song represents a rare takedown of a pop superstar and her elite producer by a relatively unknown artist, and sets up a battle over damages that will begin Tuesday.

Monday's unanimous verdict by a nine-member federal jury in a Los Angeles courtroom came five years after Marcus Gray and two co-authors, first sued in 2014 alleging "Dark Horse" stole from "Joyful Noise," a song Gray released under the stage name Flame.

The penalty phase is scheduled to begin Tuesday with opening arguments, and will ultimately determine how much Perry and other defendants owe for copyright infringement.

Testimony will give jurors a peek into the finances behind "Dark Horse," a hit single that earned Perry a Grammy nomination and was the second song in her elaborate 2015 Super Bowl halftime performance.

Questions from the jury during two days of deliberations had suggested that they might find only some of the defendants liable for copyright infringement. The case focused on the notes and beats of the song, not



This April 11, 2019 file photo shows Katy Perry at the 10th annual DVF Awards at the Brooklyn Museum in New York.

Associated Press

its lyrics or recording, and the questions suggested that Perry might be off the hook.

But in a decision that left many in the courtroom surprised, jurors found all six songwriters and all four corporations that released and distributed the songs were liable, including Perry and Sarah Hudson, who wrote only the song's words, and Juicy J, who only wrote

the rap he provided for the song. Perry was not present when the verdict was read. Other defendants found liable were Capitol Records as well as Perry's producers: Dr. Luke, Max Martin and Cirkut, who came up with the song's beat. Gray's attorneys argued that the beat and instrumental line featured through nearly half of "Dark Horse" are substantially simi-

lar to those of "Joyful Noise." Gray wrote the song with his co-plaintiffs Emanuel Lambert and Chike Ojukwu.

"Dark Horse," a hybrid of pop, trap and hip-hop sounds that was the third single of Perry's 2013 album "Prism," spent four weeks atop the Billboard Hot 100 in early 2014.

Her attorneys argued that the song sections in ques-

tion represent the kind of simple musical elements that if found to be subject to copyright would hurt music and all songwriters.

"They're trying to own basic building blocks of music, the alphabet of music that should be available to everyone," Perry's lawyer Christine Lepera said during closing arguments Thursday.

The defendants' musical expert testified that the musical patterns in dispute were as simple as "Mary Had a Little Lamb."

But the jury of six women and three men disagreed, finding that the bumping beat and riff at the center of "Joyful Noise" were original enough to be copyrighted.

Perry and the song's co-authors testified during the seven-day trial that none of them had heard the song or heard of Gray before the lawsuit, nor did they listen to Christian music.

Gray's attorneys had only to demonstrate, however, that "Joyful Noise" had wide dissemination and could have been heard by Perry and her co-authors. They provided as evidence that it had millions of plays on YouTube and Spotify, and that the album it's included on was nominated for a Grammy. □

"Transparent" musical finale gives cast a chance to heal

By KATIE CAMPIONE

Associated Press

LOS ANGELES (AP) — Wrapping up five seasons of an award-winning series with a musical is a risk that only Amazon's "Transparent" could take.

Risks are part of the show's DNA, said series creator Jill Soloway. "We were all just kind of flying in our risk spaces," Soloway said of creating the finale, "and today, we are still flying in our risk spaces by having made a musical as a way to say farewell to this family."

Actor Jay Duplass added that, after several seasons of pushing boundaries, upon hearing the idea he

thought: "That's nuts, and it totally makes sense, and

that's what we have to do." Soloway joined sibling and executive producer Faith Soloway, as well as the cast of the Amazon series, during a Television Critics Association meeting to talk about the fitting conclusion for the characters as they mourn the loss of one of the show's central characters.

The finale begins with the death of Maura, played by Jeffrey Tambor, who left the show last year after allegations of sexual harassment on set. Approaching the death of Tambor's character with a musical gave the cast a creative outlet to also mourn their own loss, Jill Soloway said.

"Our cast is mourning Maura, and as actors and cre-



Faith Soloway, left, and Jill Soloway participate in the Amazon Prime Video "Transparent" panel at the Television Critics Association Summer Press Tour on Saturday, July 27, 2019, in Beverly Hills, Calif.

Associated Press

ators, we're mourning what happened with our show," Jill Soloway said on Tam-

bor's exit, adding: "It was a chance to heal together." The "Transparent" musical

finale, which debuts Sept. 27, concludes a series that broke barriers with its representation of LGBTQ characters on screen. The show exits the television scene with others in its wake, including Ryan Murphy's award-winning "Pose."

While Jill Soloway said they don't take responsibility for the push toward more representation on screen, they are grateful to have been a part of that conversation.

"I feel more like a child in awe than parental. I came to all of this so late in my life. I wasn't even queer until my late 40s," Jill Soloway said. "So I couldn't take responsibility for this revolution. I have always felt just in awe." □

Netflix sinks low with 'The Red Sea Diving Resort'

By MARK KENNEDY

Associated Press

The daring story of how thousands of beleaguered Ethiopian Jews stranded in refugee camps in Sudan were bravely smuggled to safety in Israel in the 1980s needs little extra drama. Tell that to Netflix.

The streamer's "The Red Sea Diving Resort" is terribly overcooked, turning the real-life drama into a light caper like "Ocean's

11," adding cartoonish dialogue from hack superhero films and slathering the whole mess in white savior complex.

First, some background: To rescue Ethiopian Jews in inhospitable Sudan, Israeli secret service agents had the audacious plan of running an entire fake luxury beach resort as a front. Real tourists came and did yoga on the beach while the agents at night drove the Ethiopi-

500 Caribbean Cinemas. **500** Anos. Anées. Anos. **PH** VIP At Paseo Herencia 582-3693 **PBP** Palm Beach Plaza Mall 586.0074 **caribbeancinemas.com** **PH** Caribbean Cinemas Aruba **MORE VARIETY IN PROGRAMMING AND SHOWTIMES NOW WITH 14 SCREENS!** **JULY 25-31** **JOHN TRAVOLTA | MORGAN FREEMAN** **THE POISON ROSE** **PBP** MON-THU & SUN 12:55 | 3:05 | 5:15 | 7:25 | 9:35 **FRI-SAT** 12:55 | 3:05 | 5:15 | 7:25 | 9:35 | 11:45 **NR** **NEW THIS WEEK!** **CATS** **PH** MON-THU 4:20 | 6:25 | 8:30 **FRI** 4:20 | 6:25 | 8:30 | 10:35 **SAT** 2:15 | 4:20 | 6:25 | 8:30 | 10:35 **SUN** 2:15 | 4:20 | 6:25 | 8:30 **MON-SUN** 1:00 | 3:00 | 5:00 | 7:00 | 9:00 **DONALD GLOVER | BEYONCÉ KNOWLES-CARTER** **THE LION KING** **WITH SPANISH SUBTITLES** **PH** MON-THU & SUN 5:30 | 8:30 **FRI** 5:30 | 8:30 | 11:10 **SAT** 3:10 | 5:30 | 8:30 | 11:10 **SUN** 3:10 | 5:30 | 8:30 **MON-THU & SUN** 5:00 | 7:40 **FRI-SAT** 5:00 | 7:40 | 10:20 **SAT** 2:20 | 5:00 | 7:40 | 10:20 **SUN** 2:20 | 5:00 | 7:40 **CXC** **PBP** MON-THU & SUN 2:10 | 4:45 | 7:20 **FRI-SAT** 2:10 | 4:45 | 7:20 | 10:00 **PBP** MON-SUN 1:15 | 3:30 | 6:25 | 9:00 **VIP** **MON-THU & SUN** 2:50 | 5:25 | 8:00 **FRI-SAT** 2:50 | 5:25 | 8:00 | 10:35 **ANTONIO BANDERAS | PENELOPE CRUZ** **BEST ACTOR** **dolor y gloria** **SPANISH** **PH** MON-SUN 8:30 **TOM HOLLAND | SAMUEL L. JACKSON** **SPIDER-MAN** **Far From Home** **WITH SPANISH SUBTITLES** **PG-13** **PH** MON-FRI 5:50 | 8:40 **SAT-SUN** 3:00 | 5:50 | 8:40 **PBP** MON-SUN 12:55 | 3:40 | 6:25 | 9:10 **VIP** **MON-THU & SUN** 1:05 | 3:10 | 5:15 **FRI-SAT** 1:05 | 3:10 | 5:15 **SUN** 2:50 | 5:00 | 7:10 | 9:20 **KAYA SCODELARIO | BARRY PEPPER** **VERA FARMIGA | PATRICK WILSON** **TOM HANKS | TIM ALLEN** **Disney Pixar** **TOY STORY** **4** **WITH SPANISH SUBTITLES** **G** **PH** MON-SUN 7:05 | 9:35 **PBP** MON-SUN 1:15 | 3:40 | 6:05 **ANNABELLE** **COMES HOME** **WITH SPANISH SUBTITLES** **R** **PH** MON-SUN 7:05 | 9:35 **OPENING AUGUST 1: THE FAST & THE FURIOUS: HOBBS & SHAW** **THE MAGIC OF THE MOVIES** **ON YOUR MOBILE DEVICE** **Download on the App Store** **GET IT ON Google Play**



This image released by Netflix shows Chris Evans, from left, Alessandro Nivola and Michael Kenneth Williams in a scene from "The Red Sea Diving Resort."

Associated Press

ans from camps, ferried them onto dinghies and then to rescue boats, all under the noses of the Sudanese. Thrilling stuff, right? Apparently not for writer and director Gideon Raff, who thought he needed to add cinematic meth to the story. He had a chance to make an African "Argo" and instead made an exploitative mess that mixes light Duran Duran-driven montages with scenes in

which dozens of innocents are executed with bullets to the back of their heads. A large part of the problem is the casting of Chris Evans as the leader of the Israeli spy ring that set up the hotel. He is most known for playing Captain America and seems not to have put aside his shield for this film. The superhero clichés abound: "What we do is dangerous. People get hurt sometimes," Evans says

at one point. A frightened black boy clings to Evans, who later paternalistically wipes away the boy's tears. Evans carries refugees to safety like a white, muscular god, often shirtless. "You leave no one behind," he thunders.

Evans plays Ari Levinson, a maverick Mossad agent who obsessively does pull-ups everywhere and storms into danger like an avenging angel. □

Meghan guest edits UK Vogue, focusing on trailblazing women



In this July 13, 2019 file photo, Kate, Meghan, Duchess of Sussex smiles while sitting in the Royal Box on Centre Court to watch the women's singles final match between Serena Williams, of the United States, and Romania's Simona Halep on at the Wimbledon Tennis Championships in London.

Associated Press

Associated Press

LONDON (AP) — Meghan, the Duchess of Sussex, has guest edited the September issue of British Vogue with the theme "Forces for Change."

Royal officials say the issue coming out Aug. 2 features "change-makers united by their fearlessness in breaking barriers" and includes a conversation between Meghan and former U.S. first lady Michelle Obama. The magazine cover features 15 women including New Zealand Prime Minister Jacinda Ardern, actresses Jane Fonda, Jameela Jamil and Gemma Chan, model Adwoa Aboah and teenage climate change campaigner Greta Thunberg.

The duchess herself doesn't appear on the cover. Edi-

tor-in-chief Edward Enninful said they discussed whether Meghan should be on the front cover from the beginning, but said in the end she "felt that it would be in some ways a 'boastful' thing to do for this particular project".

"She wanted, instead, to focus on the women she admires," he said.

Meghan, who is on maternity leave from her royal duties after the birth of her son Archie, had worked on the project for seven months. She said she hopes readers will be inspired by the magazine's focus on the "values, causes, and people making impact in the world today."

Kate, the Duchess of Cambridge, was featured on the magazine's cover in 2016 for its centenary edition. □

Gordon Ramsay gets his hands dirty for new travel food show

By MARK KENNEDY

NEW YORK (AP) — For his latest TV show, famed chef Gordon Ramsay has definitely left the comforting familiarity of his kitchens. On "Uncharted," Ramsay visits global destinations to explore flavors far from routine. He eats guinea pig in Peru, fishes for eel with his bare hands to make a Maori dish in New Zealand and forages for hearts of palm in Morocco.

"It's a million miles away from my high-end, three-star Michelin kitchen," he says of the show airing on the National Geographic Channel. "It's straight to the source."

After spending a week learning about the ingredients, Ramsay ends each hour-long show with a cooking competition, pitting himself against a local chef. Think of it like Anthony Bourdain crossed with Bear Grylls and then add some "Top Chef."

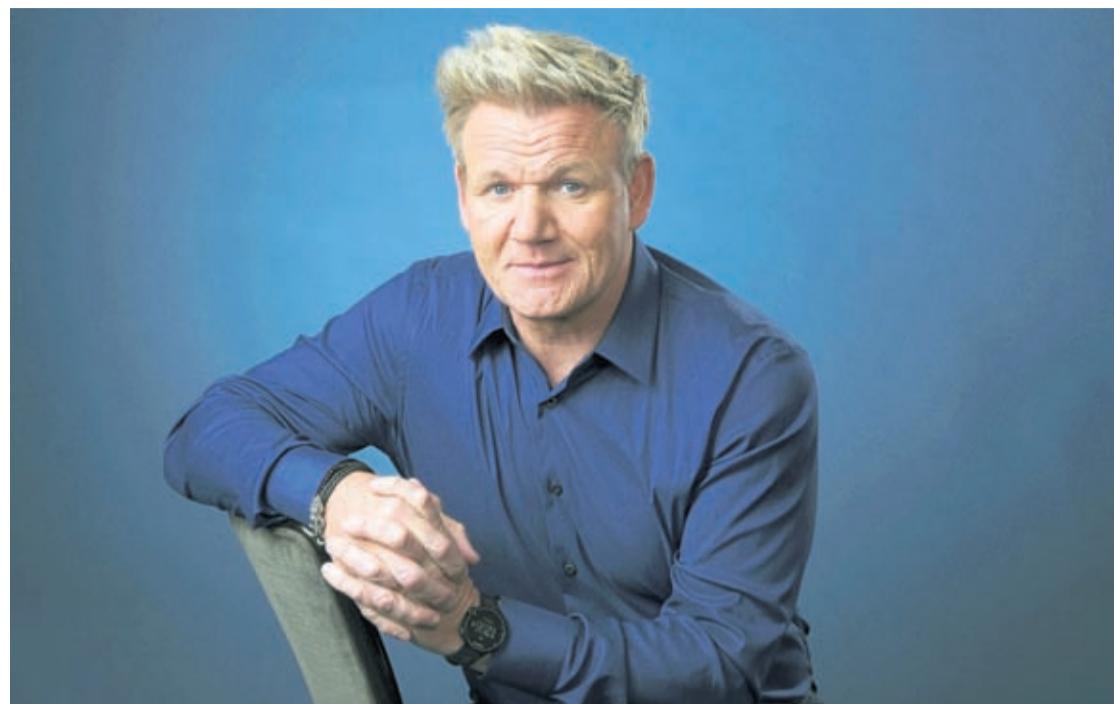
Ramsay, who is also a host on Fox's "MasterChef," told The Associated Press about being a fish out of water for once and how kitchens are changing.

AP: For the new show, you're climbing trees, fishing for eels and rappelling down cliffs. Are you having fun?

Ramsay: I'm definitely having fun. It's an extraordinary journey of discovery and peeling back those layers with cultures that in this ever-moving foodie world — of London, New York and Paris — (that) don't tend to focus on what's going on with Maori cuisine. So it's traveling to great lengths to dig deep.

AP: A more humble side of you comes through. You aren't often out of your element, are you?

Ramsay: I find joy in being vulnerable, in a way. It's about gaining knowledge and that's never left me in two and a half decades. There's a lot of chefs with one Michelin star, or two stars or even three stars that want everything perfect everywhere they go and I'm the opposite. I want to go there and get stripped of those highfalutin acco-



This July 24, 2019 photo shows chef and TV personality Gordon Ramsay posing for a portrait to promote his National Geographic television series "Gordon Ramsay: Uncharted," during the 2019 Television Critics Association Summer Press Tour at the Beverly Hilton in Beverly Hills, Calif.

Associated Press

lades and become a local.

AP: What's it like to get up close and personal with the ingredients?

Ramsay: For the last two decades, I've spent thousands of hours in kitchens with produce arriving at my fingertips. So, to do the opposite and get straight to the source, it's actually been, to be honest, more of a therapeutic journey because I'm doing the opposite of what I've been

doing for 20 years.

AP: You eat lovely things, like a mushroom pizza and mangos. But you also sample grubs and camel meat. Was that hard to do on camera?

Ramsay: I tend to forget the camera. I remember being 21 years of age and having a tiny studio flat in Paris. And underneath my flat was a horse's butcher shop. And every weekend I used to save 30 or

40 francs to buy myself the most amazing fillet. It was all horse meat. It's still pretty prevalent today in France, horse butcher shops. That's no different to a camel in Morocco. It's about what's local.

AP: You've taken flak from some critics who accuse "Uncharted" of aping Anthony Bourdain's "Parts Unknown."

Ramsay: Yeah. It's like, 'What are you talking about?' I'm

not stepping in anyone's shoes. I've been doing travelogues since 2004, studying Vietnam, Cambodia and India, coming back to my chefs and saying, "Look, in Vietnam, there's no dairy. They don't cook with dairy. They buy produce twice a day. Get out there. Here's a couple of thousand dollars: Go spend a month there, travel and come back."

AP: Do you recommend that every chef do what you're doing and carve some time to explore?

Ramsay: I'd recommend to every chef in the world to put down their tools and disappear for a month on a sabbatical. The problem is that when you get good, automatically you stop training because you're caught up in the rapture of success and you don't get a chance to go back to that coal face.

AP: Speaking of rough places, do you think the brutality of life in kitchens is lessening?

Ramsay: It's definitely changing and changing for the better. The kitchen environment today, with a far more greater female presence, has made things so much more relaxed in terms of temperaments. □

Scot Harvath returns in 'Backlash'

By JEFF AYERS

Associated Press

"Backlash: a Thriller" (Atria/Emily Bestler Books), by Brad Thor

A Russian plane carrying a prisoner in chains experiences engine trouble and crashes in the middle of the woods. It's enemy territory for the captive, who survives, and now Scot Harvath is in the middle of Russia with no hope of escape in Brad Thor's new thriller, "Backlash."

Utilizing his unique set of skills, he goes on the move where he believes he can cross the border into Finland.

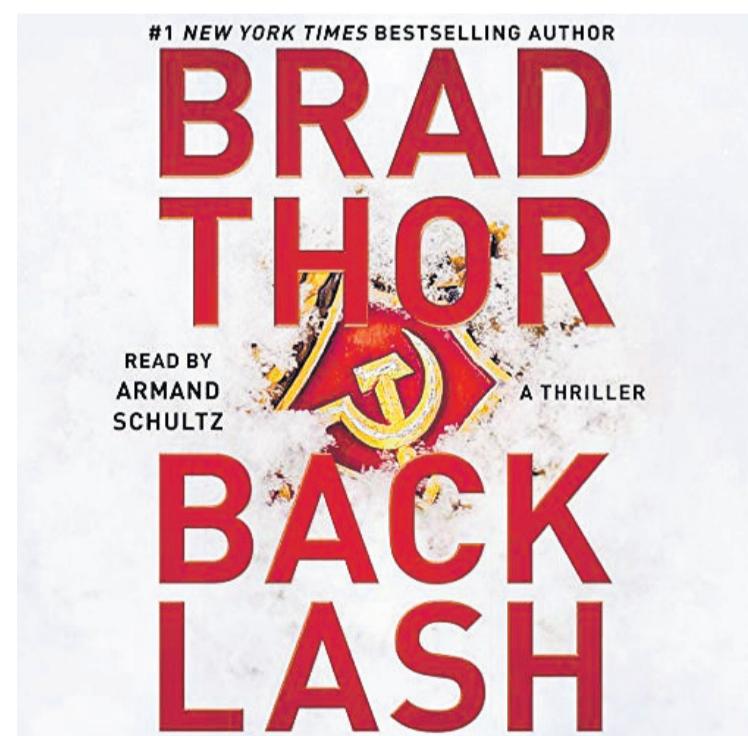
In the United States, his colleagues stumble upon a horrible scene, and evidence suggests that Har-

vath might be responsible. They can't obtain answers from him because he's disappeared.

Harvath has no way to communicate with his team, no support from the Russians in the area and he's being pursued by a ruthless killer who now regrets not killing Harvath right away. He's used to being the hunter and not the hunted, but Harvath has more on his mind than survival.

He's wounded and angry, and revenge is the strongest motivation of all.

Readers know what to expect in a Brad Thor novel: non-stop and over-the-top action scenes mixed with insight into the world of special ops. □



This cover image released by Emily Bestler Books shows "Backlash," by Brad Thor.

Associated Press

Vacant office parks find new life as schools, colleges

By MICHAEL MELIA

Associated Press

FAIRFIELD, Conn. (AP) — On the new satellite campus of Sacred Heart University, the helicopter landing pad remains as one of the few reminders that the wooded, 69-acre property served until recently as the global headquarters for General Electric.

Where Jack Welch sat at the pinnacle of corporate America, professors now lead classes inside the sleek, 1970s buildings on the campus purchased by the university following GE's departure for Boston in 2016.

Across the country, office parks that have lost their luster with employers are being repurposed as school buildings. Colleges and school districts willing to think beyond traditional school settings are retrofitting office space to help them deal with growing enrollments and a scarcity of land in urban and suburban areas.

Sacred Heart computer science professor Bob McCloud said he likes the natural light the floor-to-ceiling windows bring into the classrooms. And the leftover cubicles outside his office leave plenty of room for his graduate students. But he is still adjusting to the former GE site.

"It's a little corporate," he said.

A 28-bedroom guesthouse with a ballroom has been kept by the university to support a new hospitality program. Renovations are still underway at the two



This undated photo made available by Josh Meister shows the North Atlanta High School in Atlanta.

Associated Press

main buildings, but the university already has moved the education, computer science and engineering departments to what it is calling its West Campus, a short shuttle ride from the main campus.

Michael Kinney, a university administrator, said the \$31.5 million paid for the property was a bargain when compared with the cost of new construction.

A similar idea has been under consideration a few miles down the Connecticut shoreline in Stamford, where the school district was looking at an unoccupied building that once housed Xerox as the potential site of an elementary school.

Some other examples:

ATLANTA

When Atlanta Public Schools decided to build

a high school inside a 11-story office tower that once housed IBM, designers found classrooms fit well within the column structure. But there was plenty that needed changing.

A nine-story building on the 56-acre property was torn down to make room for a gymnasium and auditorium. Stairs were installed to create double-level common areas for each grade level and reduce logjams on the elevators. And laminated glass was installed in all the floor-to-ceiling windows to keep students from falling through if any were to crash into them while roughhousing.

IBM's kitchen and cafeteria were kept in place — with some modifications.

"You can't have chandeliers in a kids' cafeteria," said Bob Just, an architect with the firm Cooper Carry in Atlanta.

North Atlanta High School opened in the newspace in 2013. IBM once employed over 5,000 people at the site but that number had dwindled to less than a thousand as more were working at home or customer sites.

ALEXANDRIA, VIRGINIA

With a fast-growing student population, and little available land, the city of Alexandria saw opportunity in a cheap, vacant office tower that had once housed the National Diabetes Associa-

tion headquarters. In September, the building reopened as the Ferdinand T. Day Elementary School, named for a civil rights advocate who worked for desegregation in Alexandria.

The school district bought a parking garage adjacent to the building for playground space, including a basketball court on the roof. A footbridge was built to allow children to walk from the third floor of the school to the building with play areas.

The bottom four floors make up the school, with the top two reserved for school office space. With large windows that let in abundant natural light, school district spokeswoman Helen Lloyd said the building lent itself well to a school setting,

and the retrofit took much less time than it would have to build a new school.

"We went to the planning council in September, and 11 months later the building opened, all glossy and gorgeous," she said.

HOUSTON

As the Awty International School was looking for room to expand its early learning center, the Houston neighborhood was seeing business parks give way to more condos, apartments and retail development. When an office park across the street became available for sale, the private school in the city center bought the five-acre property. It opened in September 2017 as a campus for preschool through first grade students. A playground replaced a parking lot in an interior courtyard, and the ceiling was raised in one building to accommodate a gym.

The 30-year-old development had been home to businesses including a bicycle maker and a tax office before being sold. The school renovated the entire property, adding color to the brick facade with new resin panels, and they were on track for significant savings compared to the costs of new construction before running into challenges with the remodeling.

"I'm not sure in the end we really realized those savings," said Don Davis, the school's director of facilities, "but it turned out to be a very nice project." □



This August 2018 photo provided by The Awty International School shows a playground at The Early Learning campus at The Awty International School in Houston.

Associated Press



This Oct. 2, 2018, photo shows the former General Electric headquarters in Fairfield, Conn., that was purchased by Sacred Heart University in 2016.

Associated Press